

CANCER TREATMENT IN NORTH CAROLINA

# NORTH CAROLINA COMMUNITY COLLEGE

## ONCOLOGY LECTURES

**FREE**  
**Certificates**  
**of Participation**



**March 18**  
**Wednesday**  
**12:00 – 1:00 PM**

[unccn.org/03182020](http://unccn.org/03182020)

## Oncology Nutrition



**Jennifer Spring, RD, CSO, LDN**  
*Oncology Dietitian*  
 Outpatient Oncology Nutrition Program  
 UNC Lineberger Comprehensive Cancer Center  
 UNC School of Medicine  
 University of North Carolina at Chapel Hill



**Available**  
**April 2020**

[UNCCN Learning Portal](http://unccn.org/learn)  
[learn.unccn.org](http://learn.unccn.org)

### LECTURE DESCRIPTION

Unintended weight loss and anorexia in patients with cancer is associated with decreased performance status, reduced response and tolerance to treatment, decreased survival, and reduced quality of life. This lecture discusses the importance of proactive nutritional interventions vital to improving patient outcomes.

### LEARNING OUTCOMES

- Explain cancer-related anorexia and the significance of unintentional weight loss
- Describe the evidence for specific nutritional interventions for patients experiencing anorexia and unintentional weight loss
- Describe the evidence for specific nutritional interventions for patients experiencing anorexia and unintentional weight loss