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A Carolina Center  
For Cancer  
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Excellence

# Recent advances in Radiation Oncology

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Disclosure Information

I have the following financial relationships to disclose:

Stockholder/Co-founder in: Capiro Biosciences and Archimmune therapeutics

Research funding from Capiro Biosciences

- and -

I will not discuss off label use and/or investigational use in my presentation.

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## Radiation Oncology

- A key component of cancer treatment
- 60% of cancer patients receive radiotherapy sometime during their illness
- Together with surgery and chemotherapy, radiation is part of the trimodality regimen that treats and cures cancer

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### UNC Radiation Oncology

- 8 Sites including main campus (UNC Chapel Hill)
- Faculty:
  - 21 physicians
  - 15 physicists
- Capabilities:
  - 12 LINAC machines
  - Cyberknife Radiosurgery
  - Tomotherapy machines
  - HDR brachytherapy
  - LCDR brachytherapy
  - Intraoperative Radiation



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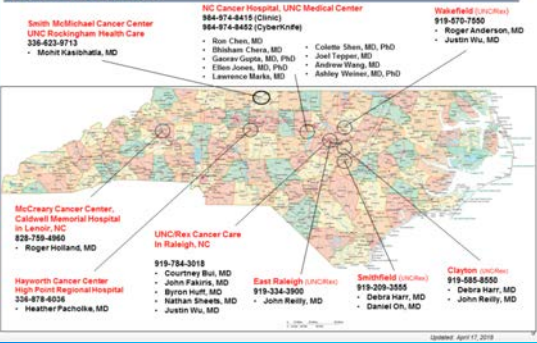
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### UNC Health Care System Rad Onc Facilities



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### Radiation technologies



LINAC

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### Oligometastasis

- A condition with a few metastases arising from tumors that have not acquired a potential for widespread metastases
- Potentially curable disease and treatment can bring survival benefit
- Long history of oligometastasis treatment—liver metastasis from colorectal cancer, brain mets from lung cancer
- Challenge: adequate treatment of the oligometastasis
- Solution: stereotactic ablative body radiotherapy

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**Local consolidative therapy versus maintenance therapy or observation for patients with oligometastatic non-small-cell lung cancer without progression after first-line systemic therapy: a multicentre, randomised, controlled, phase 2 study**

Donald R Gomez, George R Blumenthal Jr, Jack Lee, Mike Hernandez, Bing Ye, D Ross Camidge, Robert C Dineley, Kristianston Skovlid, Lucien F Gagnon, David Goldstein, Jose A Ramirez, Brian D Kavanagh, Chad Tang, Hitoshi Kuroki, Alexander V Letaev, David A Palma, Anne S Tsao, Boris Sepko, William A Williams, Jianjun Zhang, Qianqun Shi, Xia Shuqun Wang, Stephen C Scahler\*, Julia V Heymach\*

- Randomized phase II
- Three or fewer metastases, not including the primary tumour (nodes are counted collectively)
- Randomly assigned (1:1) to either local consolidative therapy (radiotherapy or surgery) with or without maintenance treatment or to maintenance treatment alone

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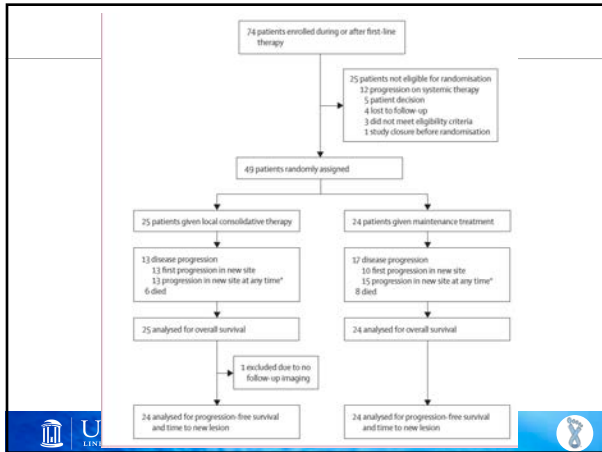
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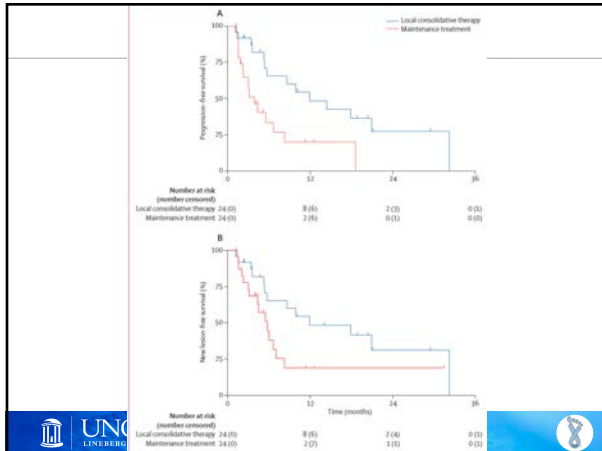
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JAMA Oncology | Original Investigation

### Consolidative Radiotherapy for Limited Metastatic Non-Small-Cell Lung Cancer

#### A Phase 2 Randomized Clinical Trial

Furusho Iyengar, MD, PhD; Zaki Wazirak, MD; David F. Garber, MD; Yousu Yunani, MD; Chaf AHA, PhD; Randall S. Hughes, MD; Jonathan F. Dowlat, MD; Neeru Chaudhry, MD; Loren Heald, MD; Kenneth D. Heston, MD, PhD; Suprabha Puliguntur, PhD; Hui-Chen, MD; Robert D. Tenenbaum, MD

- Single institution randomized phase II
- Maintenance chemotherapy alone vs SAbR followed by maintenance chemotherapy
- Primary plus up to 5 metastatic sites

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### PFS improvement

24 Patients assessed for eligibility

5 Did not meet inclusion criteria

19 Patients randomized to SABR or maintenance alone

14 Allocated to SABR

15 Allocated to maintenance alone

14 Analyzed

15 Analyzed

Figure 2. Analysis of Progression-Free Survival

Survival (%)

Time (d)

No. at risk

SABR plus maintenance	14	12	8	8	1
Maintenance only	15	8	3	3	1

Log-rank test reveals a statistically significant benefit in progression-free survival for SABR-plus-maintenance chemotherapy (hazard ratio, 0.204; 95% CI, 0.075-0.575; P = .01). SABR indicates the exact date relative radiotherapy.

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### Summary

- SABR treatment of oligometastatic disease in NSCLC appears to improve survival
- Similar data in other cancers such as prostate cancer
- SABR is easy to do with limited toxicities
- Cyberknife is an excellent tool for SABR treatment
- Patients with oligometastatic disease should be considered for SABR
  - Less than 5 metastases
- Indication for oligo-progressive disease is emerging
  - Doing well on systemic therapy with 1 or small number of lesions progressing only

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### Local radiation for low-volume metastatic prostate cancer

Radiotherapy to the primary tumour for newly diagnosed, metastatic prostate cancer (STAMPEDE): a randomised controlled phase 3 trial

Christopher C. Parkin, Nicholas D. James, Christopher D. Braintree, Noel W. Clarke, Alex P. Hitchcock, Adam A.E. Alizadeh, W. S. Ritchie, Gerhard C. Attard, Simon Chowdhury, William Cross, David P. Dearnaley, Silvia Gillessen, Clare Gilson, Robert J. Jones, Ruth E. Langley, Zofia I. Malik, Malcolm D. Mason, David Matheson, Robert Millman, J. Martin Russell, George N. Thalmann, Claire L. Amos, Roberto Alesani, Amit Bahl, Alison Bartle, Omar Din, Hassan Dhall, Chennamanur Eswari, Joanna Gale, Melissa R. Gannon, Saijamaade, Sara Kheloua, Jason F. Lester, Joe M. O'Sullivan, Omi A. Parkhi, Ian D. Poole, Datta M. Prabhakar, Dennis J. Sheehan, Navpreet Singh Sidhu, Anne E. Fox, Mahesh K. Parmar\*, Matthew R. Sydes\*, on behalf of the Systemic Therapy for Advanced or Metastatic Prostate Cancer: Evaluation of Drug (STAMPEDE) investigators

- Randomized phase III at 117 hospitals in Switzerland and UK
- Newly diagnosed metastatic prostate cancer
- 1:1 randomization to standard of care vs. standard of care+local XRT

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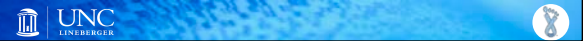
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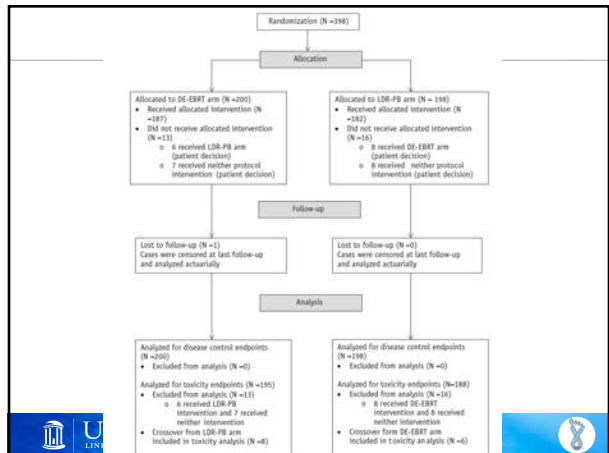
ASCEND-RT for high risk prostate cancer

**Androgen Suppression Combined with Elective Nodal and Dose Escalated Radiation Therapy (th ASCENDE-RT Trial): An Analysis of Survival Endpoints for a Randomized Trial Comparing a Low-Dose-Rate Brachytherapy Boost to a Dose-Escalated External Beam Boost for High- and Intermediate-risk Prostate Cancer**

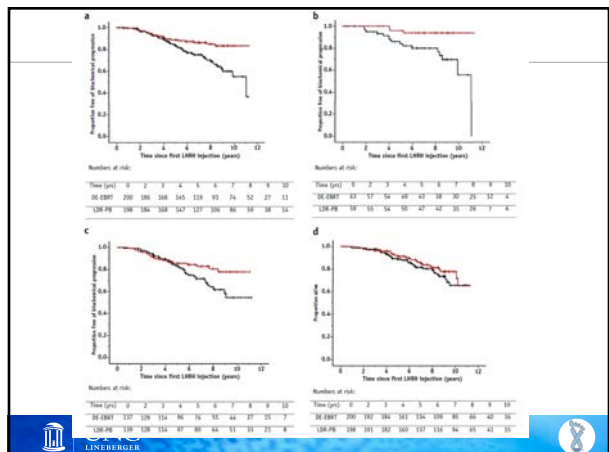
W. James Morris, MD, FRCPC,<sup>\*1</sup> Scott Tyldesley, MD, FRCPC,<sup>\*1</sup> Sree Rodda, MBBS, MRCP, FRCR,<sup>\*</sup> Ross Halperin, MD, FRCPC,<sup>\*2</sup> Howard Pai, MD, FRCPC,<sup>\*2</sup> Michael McKenzie, MD, FRCPC,<sup>\*2</sup> Graeme Duncan, MB, ChB, FRCPC,<sup>\*1</sup> Gerard Morton, MB, MRCP, FRCPC, FFRCSI,<sup>||</sup> Jeremy Hamm, MSc,<sup>¶</sup> and Nevin Murray, MD, FRCPC<sup>1,4</sup>



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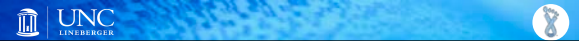


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### Summary

- Patients with high risk or high intermediate risk PCa should be considered for the ASCEND-RT regimen
- Brachytherapy should be done at a high volume place as quality of brachytherapy is associated with volume



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### Early salvage radiotherapy for prostate cancer

- RADICALS trials
- Adjuvant vs early salvage RT
- Reported at ESMO—no benefit to adjuvant
- Await publication
- Important: early salvage means PSA >0.1 would trigger treatment



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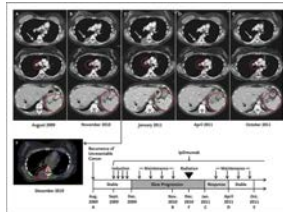
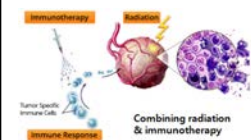
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### Radiation and cancer immunotherapy

Clinical strategy: Radiation + checkpoint inhibitors  
 Abscopal effect  
 Improved antigen exposure  
 No improvement in antigen presentation



Pastow MA et al. N Engl J Med 2012;366:925-931.

[http://www.gnmbio.co.kr/?page\\_id=217&lang=en](http://www.gnmbio.co.kr/?page_id=217&lang=en)



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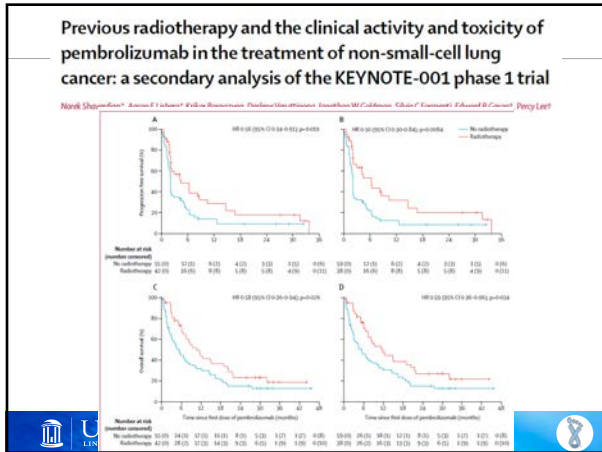
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	No previous thoracic radiotherapy (n=73)	Previous thoracic radiotherapy (n=24)	p value
<b>All recorded pulmonary toxicities*</b>			
Any pulmonary toxicity	29 (40%)	15 (63%)	0.052
<b>Specific pulmonary toxicities</b>			
Dyspnoea	15 (21%)	6 (25%)	0.64
Cough	16 (22%)	7 (29%)	0.46
Wheezing	3 (4%)	1 (4%)	0.99
Pneumonitis	1 (1%)	2 (8%)	0.15
Respiratory failure†	4 (6%)	3 (13%)	0.25
Grade ≥3 pulmonary toxicity	9 (12%)	4 (17%)	0.58
<b>Treatment-related pulmonary toxicities‡</b>			
Any pulmonary toxicity	1 (1%)	3 (13%)	0.046
<b>Specific pulmonary toxicities</b>			
Dyspnoea	0	2 (8%)	0.059
Pneumonitis	1 (1%)	2 (8%)	0.15
Grade ≥3 pulmonary toxicity (pneumonitis)	1 (1%)	1 (4%)	0.44

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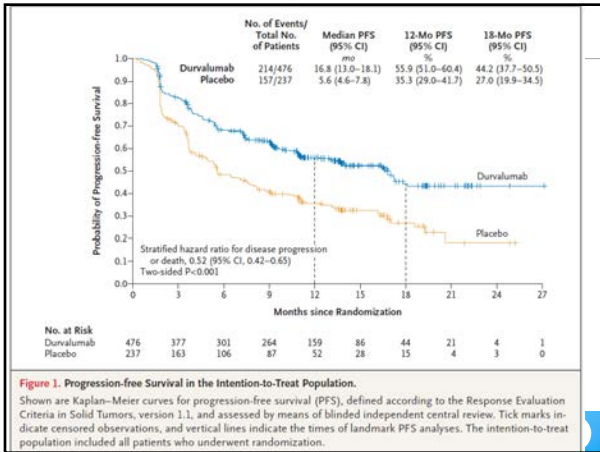
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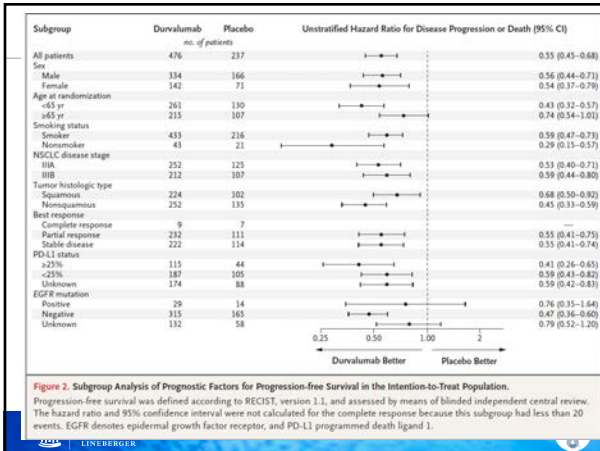
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### Summary

- Radiotherapy is synergistic with cancer immunotherapy
- Growing data on how to apply radiotherapy to improve cancer immunotherapy
- Though higher side effects, patients can remain on immunotherapy while receiving radiation

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**SBRT for pancreatic cancer**

“SBRT” vs. Conventional radiation: What’s the difference?

1. Precision (Higher)
2. Dose (Higher dose per fraction)
3. Volume (Lower)
4. Time (Fewer fractions, more convenient)

How do these factors translate into cancer control and toxicity?

- Potentially better control for smaller tumors
- Risk of severe toxicity if dose or volume are too high



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Summary of SBRT evidence – Learning curve

Study	Pts	Tx	Med. f/u	Outcomes
Chang 2009 Stanford	77 LAPC	25 Gy / 1 fx	12M	1-yr LC: 84% 9% G3 tox (3 ulcers, 3 stricture, 1 perf)
Pollom 2014 Stanford	167 LAPC	25 Gy / 1 fx 25-45 Gy / 5 fx	8M	1-yr LC: 90% 26% G2 tox with 1 fx 8% G2 tox with 5 fx
Comito 2016 Milan, Italy	45 LAPC	45 Gy / 6 fx	24M	2-yr LC: 87% No G3 toxicity
Herman 2016 Hopkins	49 LAPC	33 Gy / 5 fx	14M	1-yr LC: 78% 6% G3 tox (1 fistula, 2 bleed)
Rwigema 2011 Pitt	71 LAPC	18-25 Gy / 1 fx	13M	1-yr LC: 47% No late toxicity
Mahadevan 2011 Harvard	39 LAPC	24-36 Gy / 3 fx	21M	2-yr LC: 85% 9% G3 tox (bleed, bowel obs)
Mellon 2015 Moffitt	110 BRPC 49 LAPC	30 Gy / 5 fx	14M	BRPC: 49% R0 resection 7% G3 tox (bleed)

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Celiac plexus SBRT – preliminary results in 21 patients

**Results – Primary endpoint**

- All patients reported decrease in celiac pain after three weeks
- One third of patients reported pain eliminated entirely by six weeks



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Overall summary

- Radiation oncology is an integral part of cancer treatment
- Indications for radiation continue to evolve
- More patients can benefit from radiation treatment with recent updates



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