

Cardiovascular toxicity of targeted cancer therapies:  
Clinical considerations and potential mechanism

---

Brian Jensen MD

Associate Professor of Medicine and Pharmacology

UNC School of Medicine

## Fundamental question at hand:

Why are some targeted cancer therapies associated with cardiotoxicity ?

### Examples to consider:

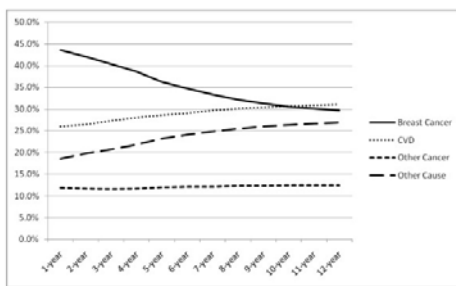
1. Trastuzumab/HER2 antagonists
2. Kinase inhibitors
3. Immune checkpoint inhibitors

# What is cardio-oncology?

**What:** A growing multidisciplinary field concerned with understanding and managing heart disease in patients who have been or soon will be treated for cancer.

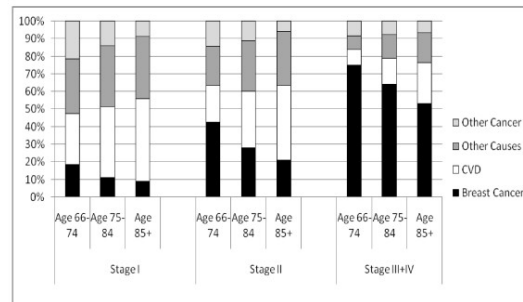
**Who:** Cardiologists, medical oncology providers, surgical oncology providers, radiation oncology providers...

## Why cardio-oncology? Cancer patients die from cardiovascular disease



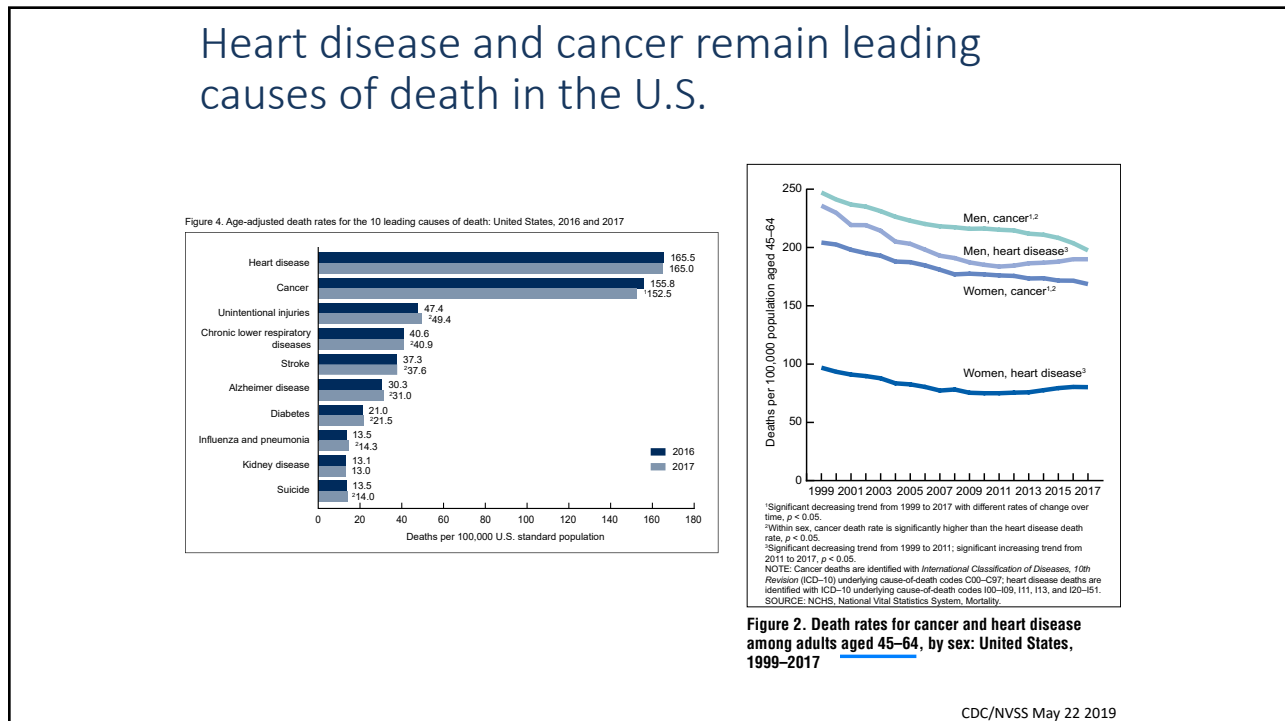
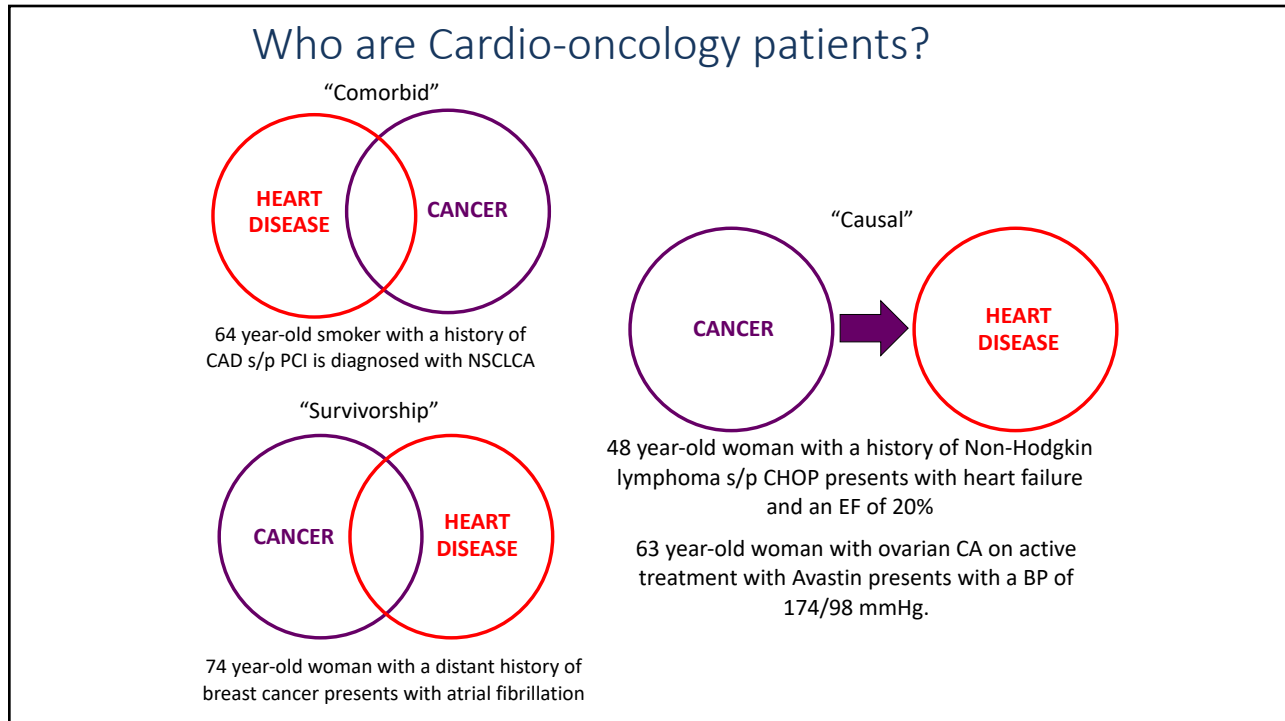
**Cause of death**  
CV disease 15.9%  
Breast cancer 15.1%

Higher stage at diagnosis increased likelihood of death from breast cancer

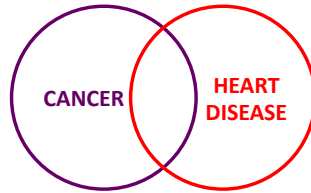


33,566 women with breast cancer from the SEER-Medicare database  
Median follow-up 9 years  
Of those women who died of CV disease, only 25% carried a CV diagnosis at enrollment

Patnaik JL Breast Cancer Res. 2011 (13):3



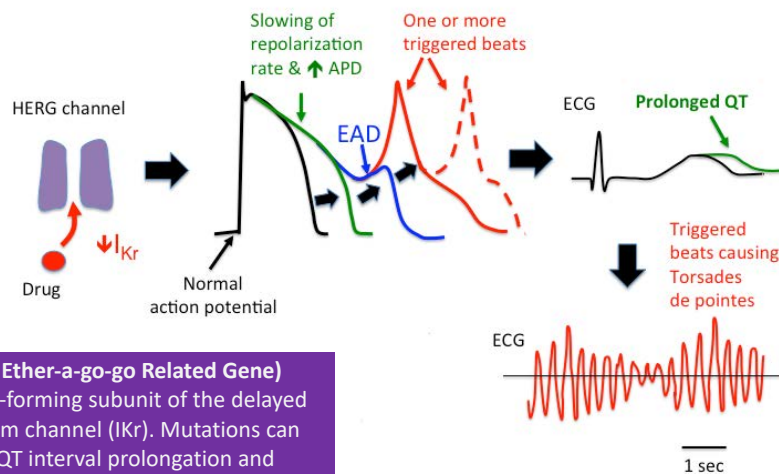
## Cancer is associated with increased risk of subsequent CV disease



- Survivors have a 10 times higher risk for **atherosclerosis**
- Survivors have a 5.9 times higher risk of **heart failure**
- Survivors have a 6.3 times the risk for **pericardial disease**
- Survivors have a 4.8-fold greater risk for **valvular heart disease**
- Risks are particularly high among survivors who had received **anthracycline drugs**, such as doxorubicin, or **high-dose radiation** therapy to the chest as part of their cancer treatment

*Oeffinger et al, NEJM, 2006*  
 Childrens Cancer Research Fund

## hERG channel testing predicts QT prolongation ...but not cardiomyocyte injury or heart failure

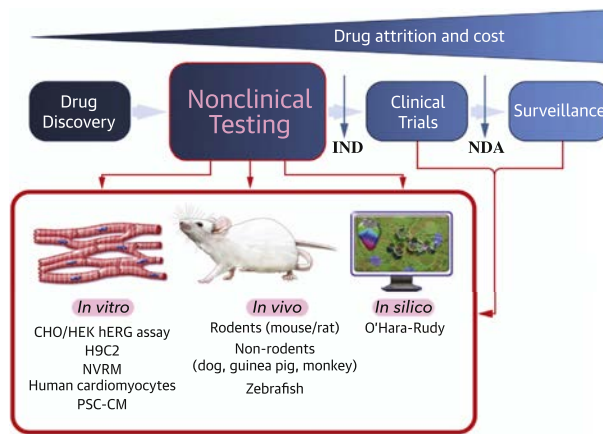


**hERG (human Ether-a-go-go Related Gene)**  
 Encodes the pore-forming subunit of the delayed rectifier potassium channel ( $I_{Kr}$ ). Mutations can contribute to QT interval prolongation and potentially fatal ventricular arrhythmias

www.novreslab.com

## Preclinical testing for potential cardiotoxicity

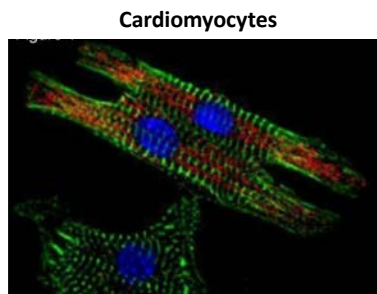
Should it be expanded? If so...how?



International Council for Harmonization: ICH S7A focuses primarily on potential for inducing ventricular arrhythmias but also suggests measurement of blood pressure, heart rate and ECGs if potential for cardiotoxicity is considered high.

JACC: Basic Transl Sci. 2016. (1) 5: 386-98

## Contrasting cardiomyocytes and cancer

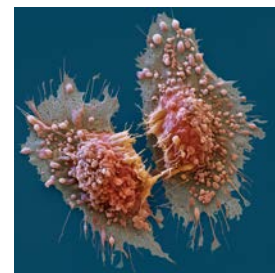


**Cardiomyocytes**

Terminally differentiated

Very limited regeneration

Energy derived from fatty acids



**Cancer cells**

Undifferentiated

Nearly limitless replication

Energy derived from glucose and glutamine

The differences between cardiomyocytes and cancer cells suggest the possibility that we could develop truly targeted and "cardiosafe" cancer drugs.

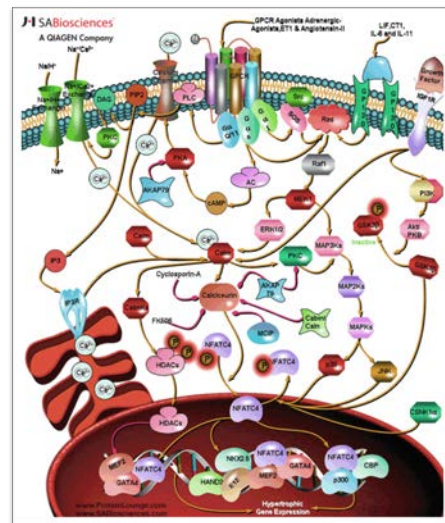
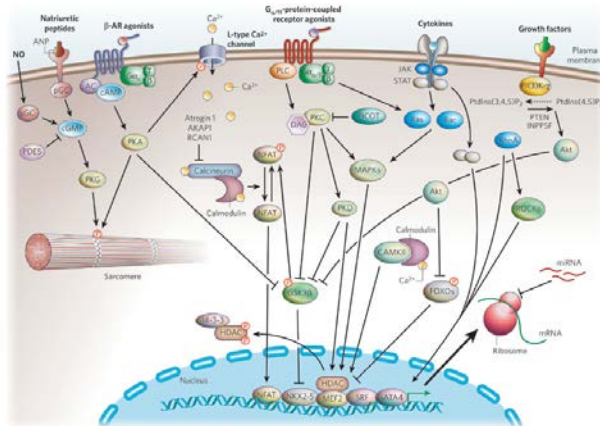
## Heart failure vs. cancer... Compare and contrast

### Heart failure

### Cancer

Cellular hypertrophy	✗	Cellular hyperplasia
Vascular rarefaction	✗	Angiogenesis
Enhanced glucose metabolism Impaired oxidative phosphorylation	✓	Enhanced glucose metabolism Impaired oxidative phosphorylation <i>Warburg effect: aerobic glycolysis</i>
Inflammation	✓	Inflammation
Oxidative stress	✓	Oxidative stress

## Signaling in the failing heart Complex...like cancer



Some oncogenic pathways are also cardioprotective

## Can we predict cardiotoxicity of targeted therapy? ...not very well

Target	Cardioprotective?	Drug example	Heart failure?
HER2 (ErbB2)	Yes	Herceptin	Yes
MEK-ERK	Yes	Trametinib	Yes
PDGFR	Yes	Sunitinib	Yes
EGFR	Yes	Erlotinib	No
PI3 Kinase/Akt	Yes	Idelalisib	No
VEGFR	No	Bevacizumab	Yes
CDK4/6	No	Palbociclib	No *
BTK	No	Ibrutinib	No**
ALK	?	Crizotinib	No***

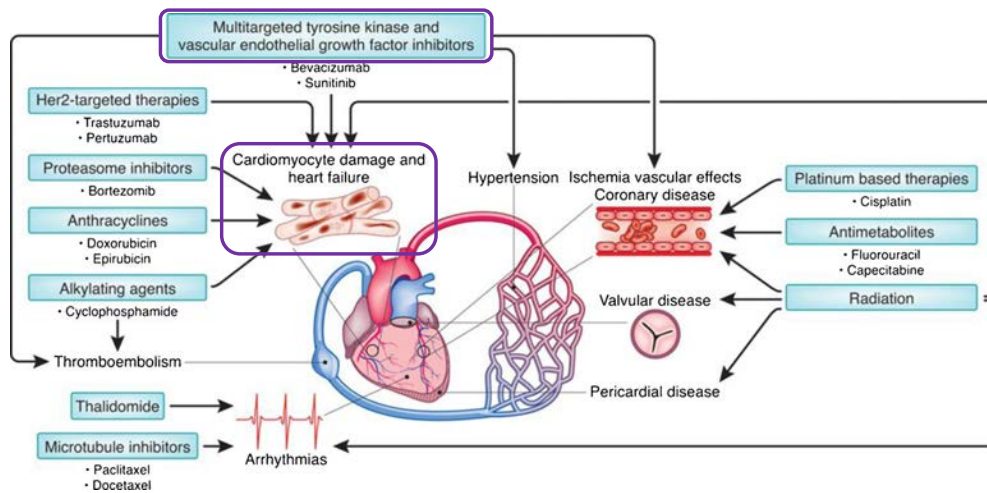
\* Ribociclib causes QT prolongation

\*\* Ibrutinib causes arrhythmias

\*\*\* Crizotinib causes bradycardia

## Cardiotoxicity of kinase inhibitors

...the most common class of novel targeted cancer therapies

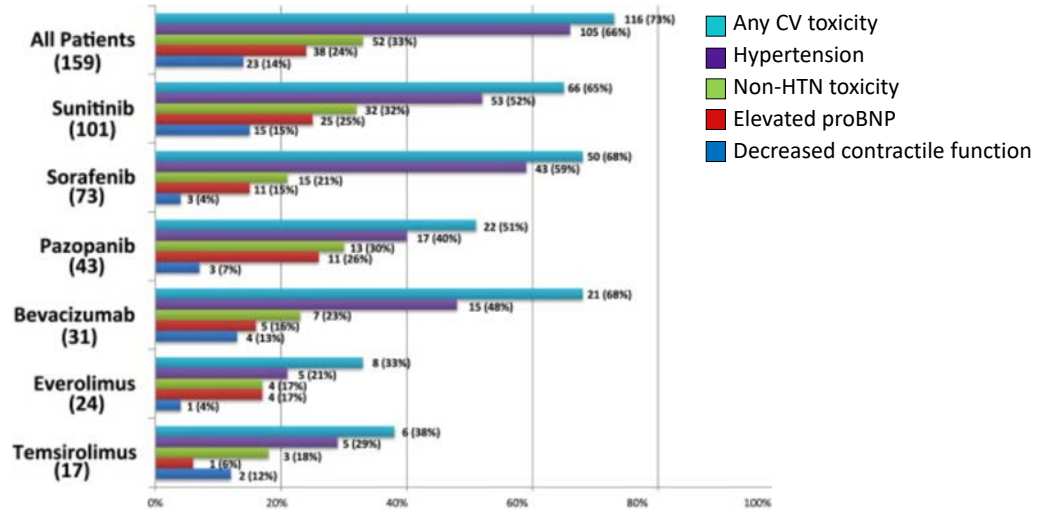


Kinase inhibitors generally do not kill cardiomyocytes, so how do they lead to heart failure?

Babiker HM. Critical Reviews in Oncology / Hematology 126 (2018) 186-200

## Toxicity from targeted therapies: scope of the problem

### Kinase Inhibitors in the treatment of Renal Cell CA (and others)

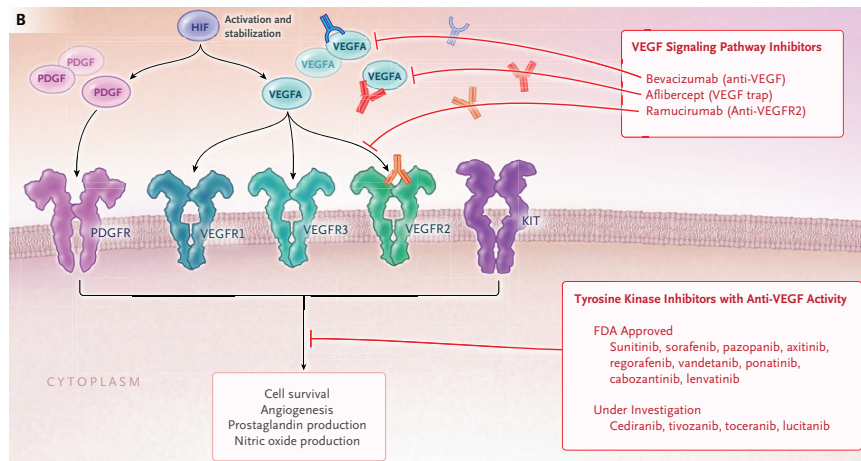


Hypertension is most common, but cardiomyopathy/heart failure occurs in 4-15%

JCHF. 2013;1(1):72-78

## Targeted cancer therapies

### VEGF signaling pathway: on-target CV toxicity (?)



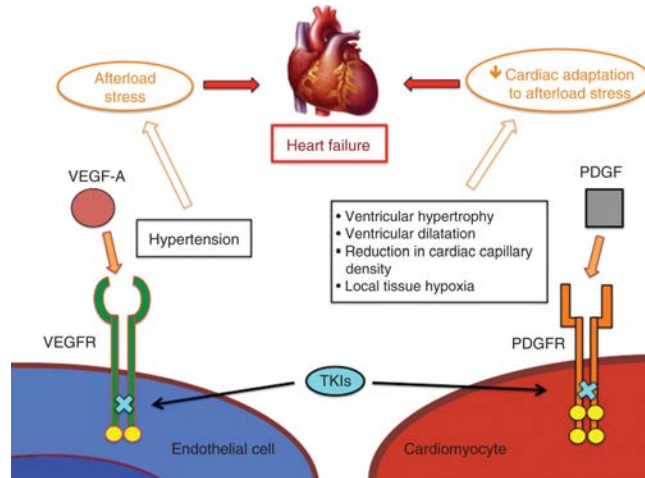
Tumors require angiogenesis to proliferate. Targeted therapies block angiogenesis by blocking the effects of VEGF, which decreases NO bioavailability. Hypertension is a frequent response, due to the importance of NO to endothelial function.

Moslehi JJ N Engl J Med 2016;375:1457-67



## Multiple mechanisms of KI cardiotoxicity

Direct myocardial effects and indirect effects from vasculature (?)



Multitargeted kinase inhibitors (e.g. sunitinib and sorafenib) target both PDGFR and VEGFR  
 PDGFRs and VEGFRs both are protective in cardiomyocytes

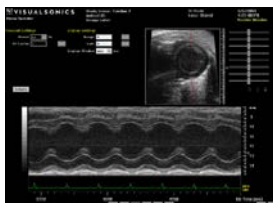
Expert Opinion on Drug Safety 2015, 14, 253-267

## Do mice accurately model human KI cardiotoxicity?

Echocardiography measures cardiac contractile function

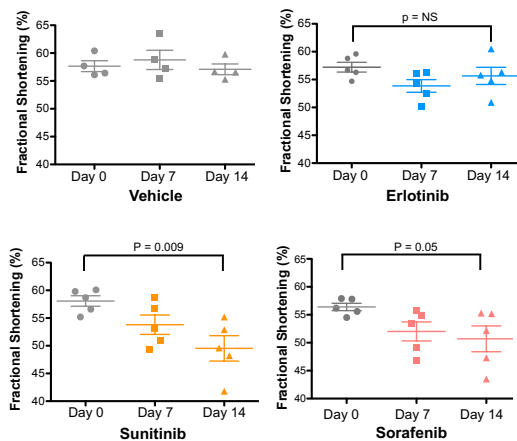


Conscious transthoracic echocardiography



Calculating fractional shortening

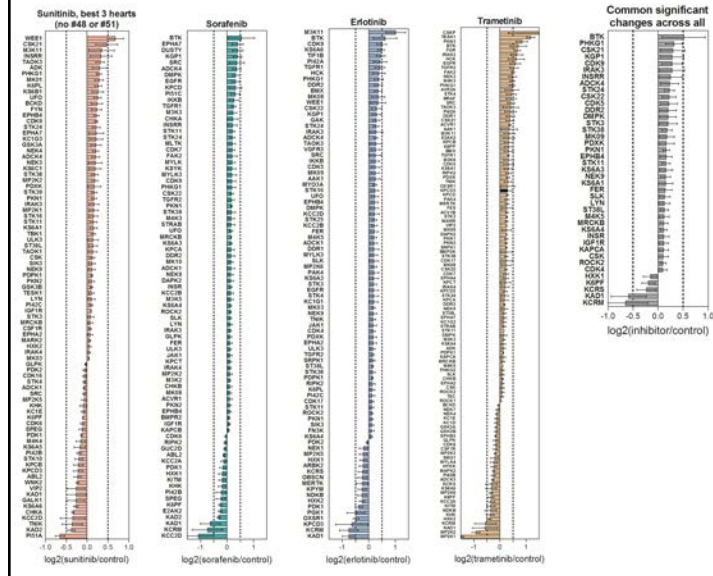
Once daily oral gavage with kinase inhibitors or vehicle  
 Echocardiogram at Day 7 and 14  
 Sacrifice at Day 14



Fractional shortening is an index of contractile function

Can we identify the molecular basis of KI cardiotoxicity?

Kinome profiling (MIB/MS)



Dynamic Reprogramming of the Kinome in Response to Targeted MEK Inhibition in Triple-Negative Breast Cancer



James S. Duncan,<sup>1,9</sup> Martin C. Whittle,<sup>1,9</sup> Kazuhiro Nakamura,<sup>1</sup> Amy N. Abell,<sup>1</sup> Alicia A. Midland,<sup>2</sup> Jon S. Zawistowski,<sup>1</sup> Nancy L. Johnson,<sup>1</sup> Deborah A. Granger,<sup>1</sup> Nicole Vincent-Jordan,<sup>1</sup> David B. Darr,<sup>2</sup> Jerry Usary,<sup>2</sup> Pei-Fen Kuan,<sup>4</sup> David M. Smalley,<sup>1</sup> Ben Major,<sup>2</sup> Xiang He,<sup>2</sup> Katherine A. Hooley,<sup>3</sup> Bing Zhou,<sup>1,6</sup> Norman E. Sharpless,<sup>1,6</sup> Charles M. Perou,<sup>7</sup> William Y. Kim,<sup>1,6</sup> Shawn M. Gomez,<sup>2</sup> Xin Chen,<sup>7</sup> Jian Jin,<sup>7</sup> Stephen V. Frye,<sup>7</sup> H. Shelton Earp,<sup>1,6</sup> Lee M. Graves,<sup>8</sup> and Gary L. Johnson<sup>1,9</sup>

Multiplexed inhibitor beads (MIBs) bind activated kinases from hearts of mice treated by KIs



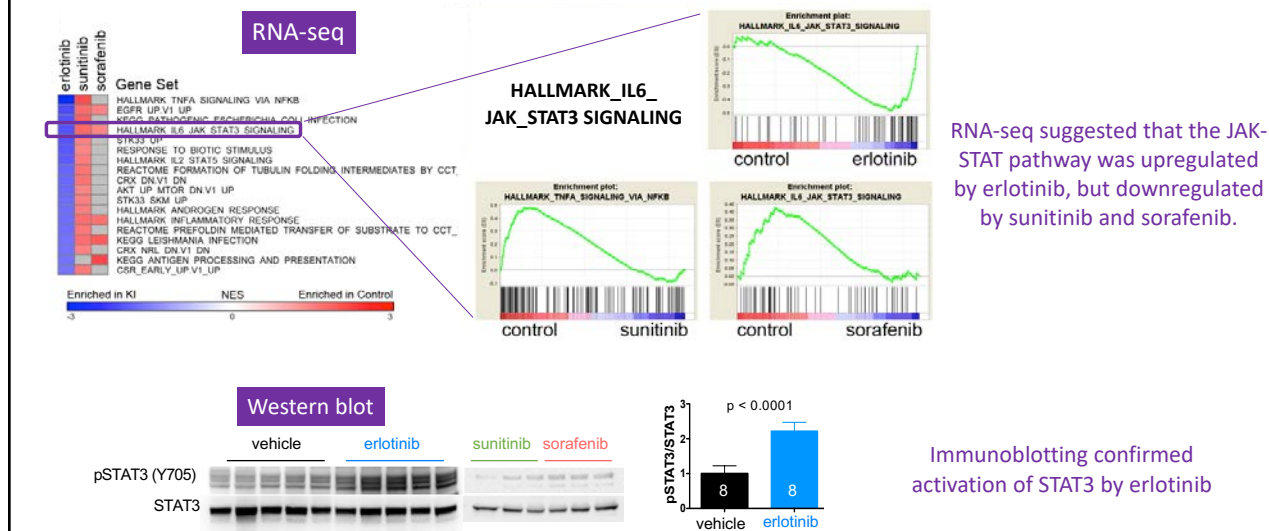
Mass spectrometry quantitates the bound kinases



Treatment	Kinases assayed	Upregulated	Downregulated
Erlotinib	200	70	18
Sunitinib	214	54	30
Sorafenib	215	62	18

Why isn't erlotinib cardiotoxic?

Its target, EGFR, is cardioprotective...



Stuhlmiller et al. J Am Heart Assoc. 2017 Oct 19

## STAT3 upregulation facilitates tumor “escape” from EGFR inhibition

### Similarities between heart and tumor?

---

[www.impactjournals.com/oncotarget/](http://www.impactjournals.com/oncotarget/)

Oncotarget, Vol. 7, No. 16

**Overcoming resistance of targeted EGFR monotherapy by inhibition of STAT3 escape pathway in soft tissue sarcoma**

Oncotarget, Vol. 7, No. 16

Xiaochun Wang<sup>1,3</sup>, David Goldstein<sup>2</sup>, Philip J. Crowe<sup>1,3</sup>, Mark Yang<sup>3</sup>, Kerryn Garrett<sup>4,5</sup>, Nikolajs Zeps<sup>4,5</sup> and Jia-Lin Yang<sup>1,3</sup>

INTERNATIONAL JOURNAL OF ONCOLOGY 46: 2083-2095, 2015

**Continuous exposure of non-small cell lung cancer cells with wild-type EGFR to an inhibitor of EGFR tyrosine kinase induces chemoresistance by activating STAT3**

JIE TANG<sup>1</sup>, FUCHUN GUO<sup>2</sup>, YANG DU<sup>1</sup>, XIAOLING LIU<sup>2</sup>, QING QIN<sup>2</sup>, XIAOKE LIU<sup>2</sup>, TAO YIN<sup>3</sup>, LI JIANG<sup>1</sup> and YONGSHENG WANG<sup>2</sup>

**SCIENTIFIC REPORTS**

**OPEN** Development of Erasin: a chromone-based STAT3 inhibitor which induces apoptosis in Erlotinib-resistant lung cancer cells

Received: 7 July 2017  
Accepted: 28 November 2017  
Published online: 12 December 2017

Christian Liu<sup>1</sup>, Stefan Rubner<sup>1</sup>, Martin Roatsch<sup>2</sup>, Angela Berg<sup>1</sup>, Tyler Gilcrest<sup>1</sup>, Darwin Fu<sup>1</sup>, Elizabeth Nguyen<sup>1</sup>, Anne-Marie Schmidt<sup>1</sup>, Harald Krautscheid<sup>1</sup>, Jens Meiler<sup>1</sup> & Thorsten Berg<sup>2</sup>

**EGFR-mediated tumor immunoescape**

The imbalance between phosphorylated STAT1 and phosphorylated STAT3

Fernando Concha-Benavente<sup>1</sup>, Raghvendra M Srivastava<sup>2</sup>, Soldano Ferrone<sup>1</sup>, and Robert L Ferris<sup>1,2,4\*</sup>

---

**RESEARCH ARTICLE**


CANCER www.SCIENCESIGNALING.org 29 March 2016 Vol 9 Issue 421 ra33

**JAK2 inhibition sensitizes resistant EGFR-mutant lung adenocarcinoma to tyrosine kinase inhibitors**

Sizhi P. Gao,<sup>1</sup> Qing Chang,<sup>1</sup> Ninghui Mao,<sup>1</sup> Laura A. Daly,<sup>1</sup> Robert Vogel,<sup>2</sup> Tyler Chan,<sup>1</sup> Shu Hui Liu,<sup>1</sup> Eirini Bournazou,<sup>1</sup> Erez Schori,<sup>1</sup> Hailing Zhang,<sup>1</sup> Monica Red Brewer,<sup>3,6</sup> William Pao,<sup>4,5</sup> Luc Morris,<sup>6</sup> Marc Ladanyi,<sup>7,8</sup> Marie Arcila,<sup>7</sup> Katia Manova-Todorova,<sup>9</sup> Elisa de Stanchina,<sup>10</sup> Larry Norton,<sup>1,11</sup> Ross L. Levine,<sup>1,8,11</sup> Gregoire Altan-Bonnet,<sup>2</sup> David Solit,<sup>1,8,11,12</sup> Michael Zinda,<sup>13</sup> Dennis Huszar,<sup>13\*</sup> David Lyden,<sup>3,14,15†</sup> Jacqueline F. Bromberg<sup>1,11†</sup>


## STAT3 activation is cardioprotective

### Potentially mitigating effects of EGFR inhibition (?)



**REVIEW**

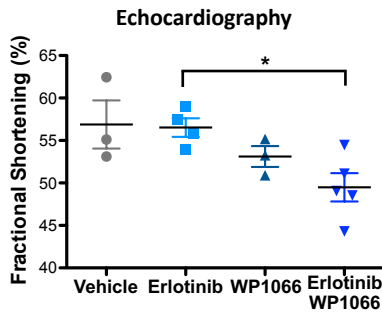
published: 30 November 2015  
doi: 10.3389/fcvm.2015.00036



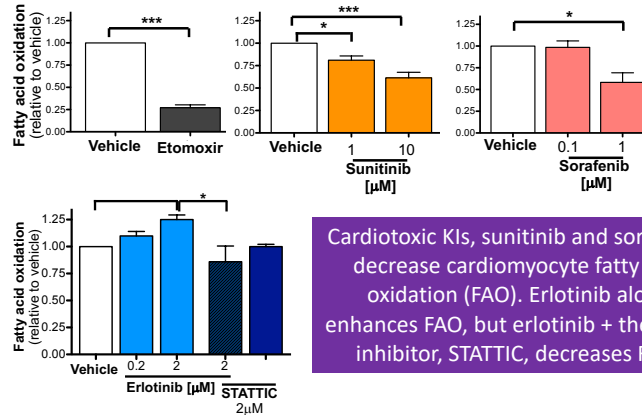
**Pivotal Importance of STAT3 in Protecting the Heart from Acute and Chronic Stress: New Advancement and Unresolved Issues**

Fouad A. Zouein<sup>1</sup>, Raffaele Altara<sup>2</sup>, Qun Chen<sup>3</sup>, Edward J. Lesnefsky<sup>3,4,5</sup>, Mazen Kurd<sup>2,6</sup> and George W. Booz<sup>2\*</sup>

## Combined EGFR and STAT3 inhibition is cardiotoxic Caution for combination targeted therapy?



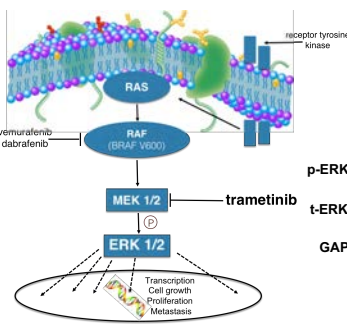
Neither erlotinib (EGFR inhibitor) nor WP1066 (STAT3 inhibitor) affects cardiac contractile function independently. In combination they cause cardiomyopathy.



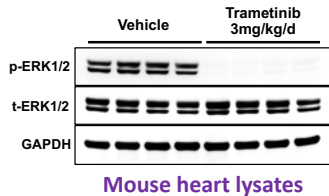
Cardiotoxic KIs, sunitinib and sorafenib, decrease cardiomyocyte fatty acid oxidation (FAO). Erlotinib alone enhances FAO, but erlotinib + the STAT3 inhibitor, STATTIC, decreases FAO.

Stuhlmiller et al. J Am Heart Assoc. 2017 Oct 19

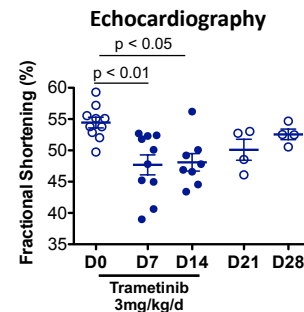
## Trametinib causes reversible cardiomyopathy and heart failure ...in mice like in (some) humans



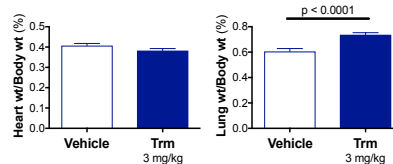
Ras-Raf-MEK-ERK oncogenic signaling pathway



Mouse heart lysates

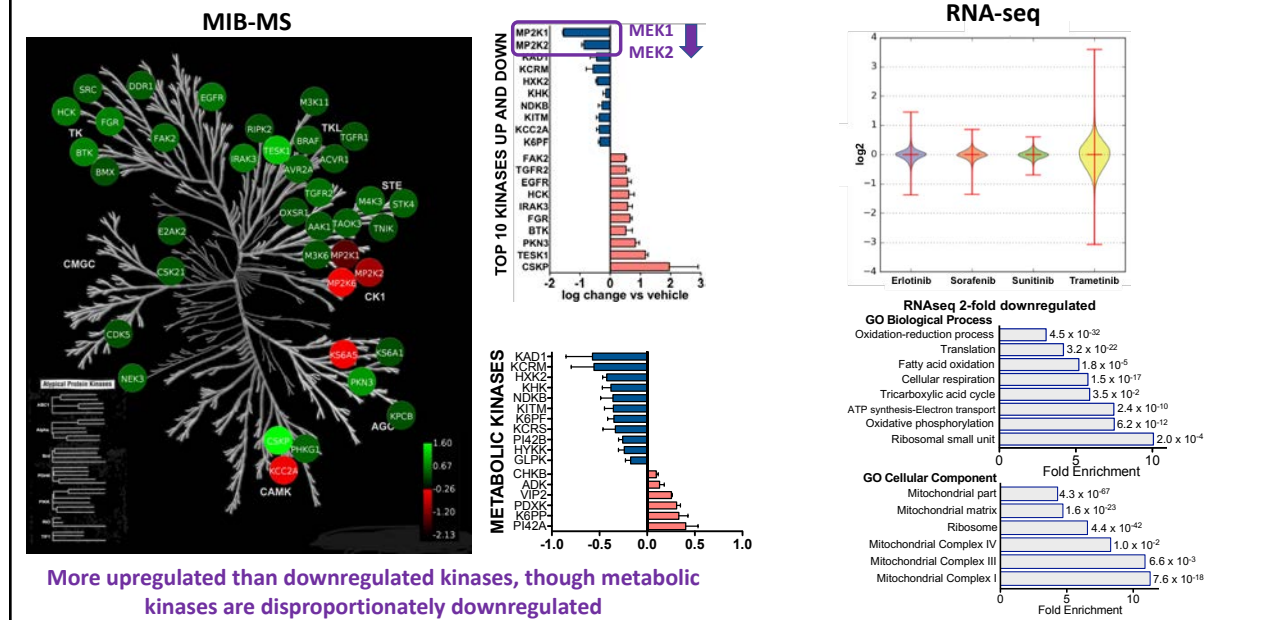


Reversible decrease in contractile function

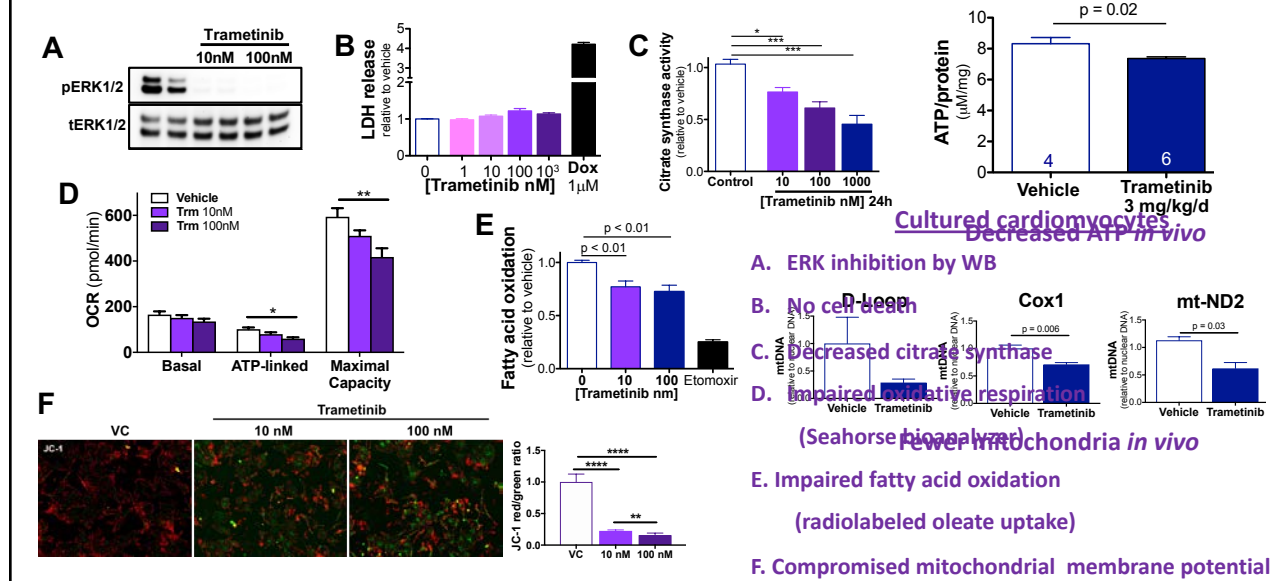


Increased lung weight consistent with pulmonary edema (heart failure)

## MIB-MS and RNA-seq suggest metabolic injury

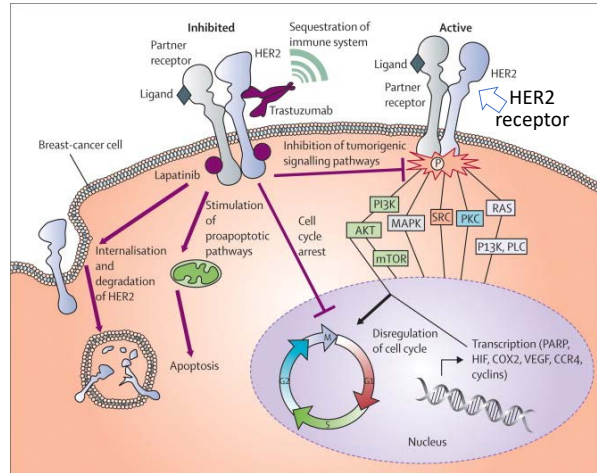


## Trametinib impairs mitochondrial number and function *in vivo* and *in vitro*



## The unexpected cardiotoxicity of trastuzumab

An early model of toxicity from “targeted therapies”



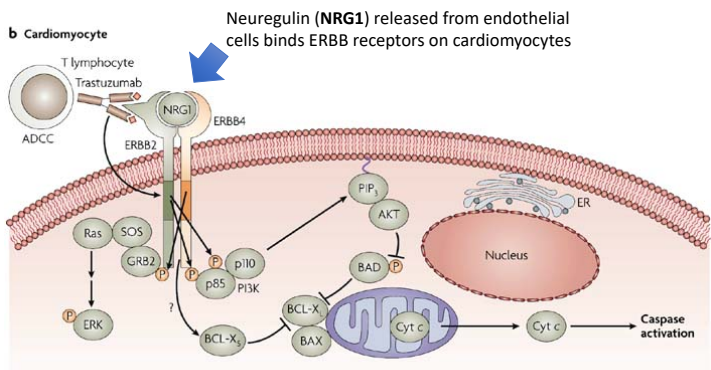
HER2 (erbB2) oncogene overexpression promotes tumor cell proliferation in 15-20% of breast cancers

Trastuzumab (Herceptin) is a humanized monoclonal antibody against HER2

Trastuzumab revolutionized breast cancer treatment. In early RCTs, HER2+ patients had a 30-40% reduction in mortality with trastuzumab.

Lancet Oncology 2009; 10(12) 1179-87

## The unexpected cardiotoxicity of trastuzumab

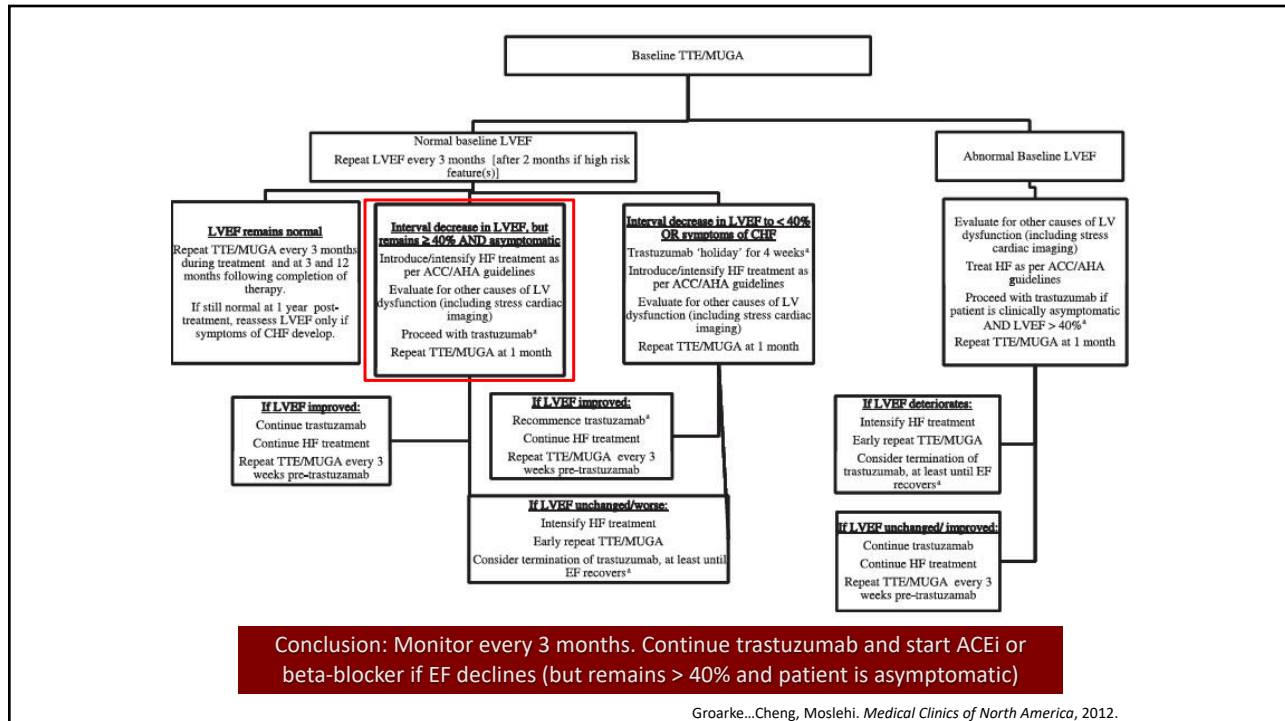


The mechanism of toxicity is not entirely known, but likely involves disabling of beneficial cross-talk between endothelial cells and myocytes via neuregulin (NRG).

Cardiotoxicity occurs in 3-27% of patients treated with trastuzumab

- ✦ Not dose-dependent
- ✦ Usually reversible and asymptomatic decline in EF
- ✦ Risk factors: age, comorbidities, concomitant anthracycline use

Force et al. Nat Rev Cancer 2007. 7: 332-344

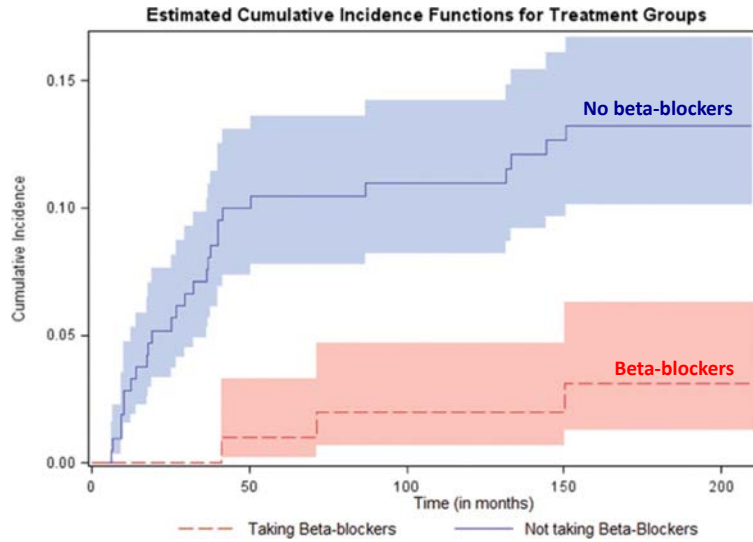


## Issues with Monitoring

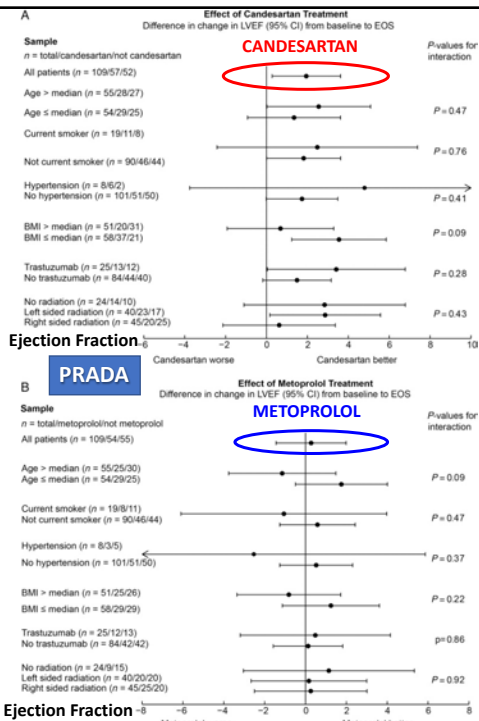
More testing  $\neq$  Better care

- Trastuzumab
  - Toxicity can occur quickly
  - Monitoring results in delays or discontinuation, which decreases efficacy
  - May be hard to convince patient to restart
- Anthracyclines
  - Can occur very late – years after Rx
  - Cannot tell if the DCM is drug related
  - Unclear interval for screening echo (5 years?)

## Beta-blockers attenuate risk of heart failure in HER2+ breast cancer patients (observational)



Sinziana Seicean et al. Circ Heart Fail. 2013;6:420-426



### MANTICORE

**Patients:** 99 patients with normal EF taking trastuzumab.

**Design:** Randomized 1:1:1 to bisoprolol, perindopril, or placebo during trastuzumab-based chemotherapy for 24 months. Cardiac magnetic resonance imaging parameters were assessed at baseline, at 3 months, at 12 months, and at 24 months

**Outcomes:** Bisoprolol significantly prevented reduction in left-ventricular ejection fraction from baseline vs placebo ( $P = .001$ ) and also prevented trastuzumab interruptions due to drop in left-ventricular ejection fraction ( $P = .002$ ). Post-treatment left-ventricular ejection fraction declined from 61% to 56% for placebo, from 62% to 59% for perindopril, and from 62% to 61% for bisoprolol.

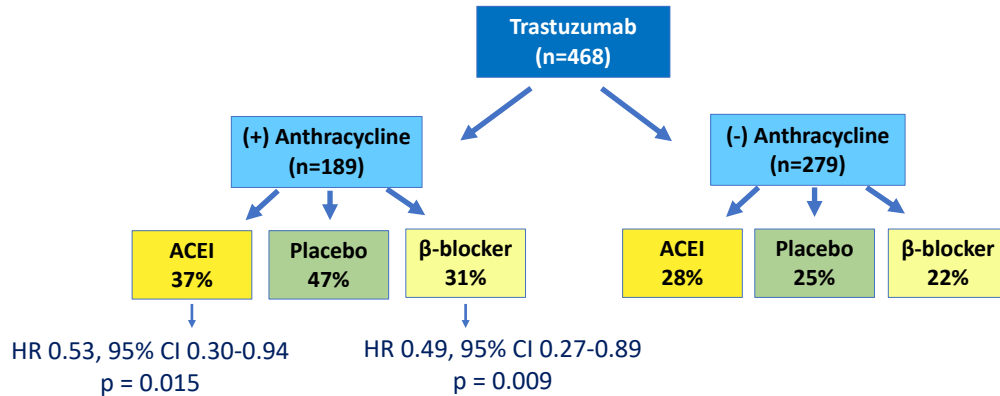
2015 San Antonio Breast Cancer Symposium. Abstract S1-05.  
Eur Heart J. 2016 Jun 1; 37(21): 1671-1680.



# ACE Inhibitor or $\beta$ -Blocker with Trastuzumab

**Primary outcome (decrease in LVEF >10%):**

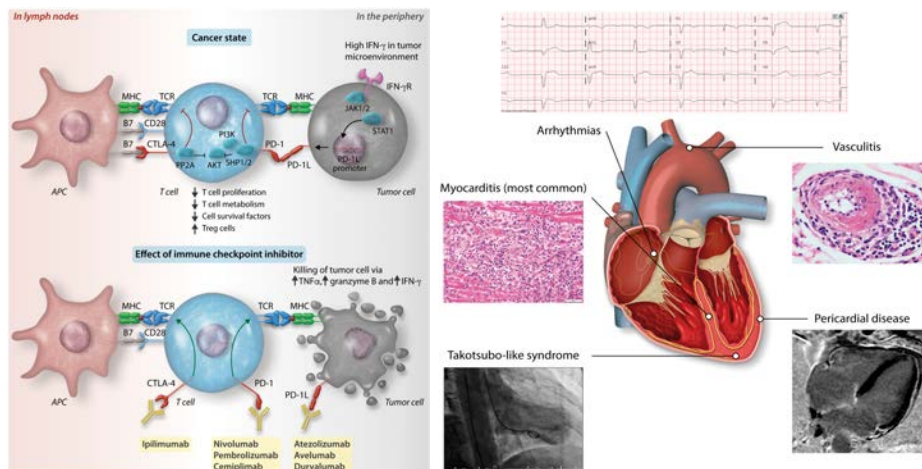
Lisinopril 30% vs carvedilol 29% vs placebo 32% (p > NS)



J Am Coll Cardiol 2019; 73:2859-2868

## CV toxicities of checkpoint inhibitors

Relatively rare but potentially fatal



Cardiovascular Research, Volume 115, Issue 5, 15 April 2019, Pages 854-868

THE NEW ENGLAND JOURNAL OF MEDICINE

BRIEF REPORT

Fulminant Myocarditis with Combination Immune Checkpoint Blockade

N ENGL J MED 375;18 NEJM.ORG NOVEMBER 3, 2016

**HPI:** 65 year-old woman with metastatic melanoma presents with atypical chest pain, dyspnea, and fatigue 12 days after receiving first dose of the monoclonal anti-PD1 antibody, nivolumab (1mg/kg), and ipilimumab (3mg/kg), a monoclonal anti-CTLA-4 antibody.

**Past Medical History:** Melanoma, Hypertension. No other cardiac risk factors

**Initial laboratory evaluation:**

- CK 17,720 unit/L
- CK-MB > 600 ng/mL
- cTnl initial 4.7 ng/mL  
subsequent 51.3 ng/mL

**ECG:** non-specific interventricular conduction delay (not present on prior ECGs)

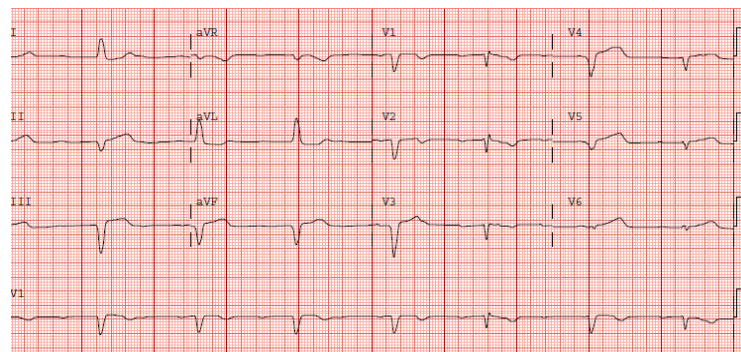
**Echocardiogram:** Preserved LV ejection fraction (EF 73%)

Hospital Course

**Diagnosis:** Myocarditis and myositis

**Treatment:** Methylprednisolone 2mg/kg/day

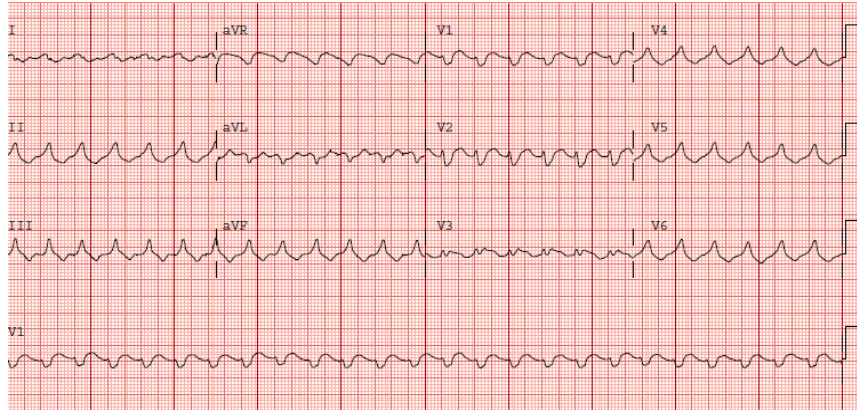
**Clinical course...**



Complete Heart Block

N ENGL J MED 375;18 NEJM.ORG NOVEMBER 3, 2016

## Hospital Course



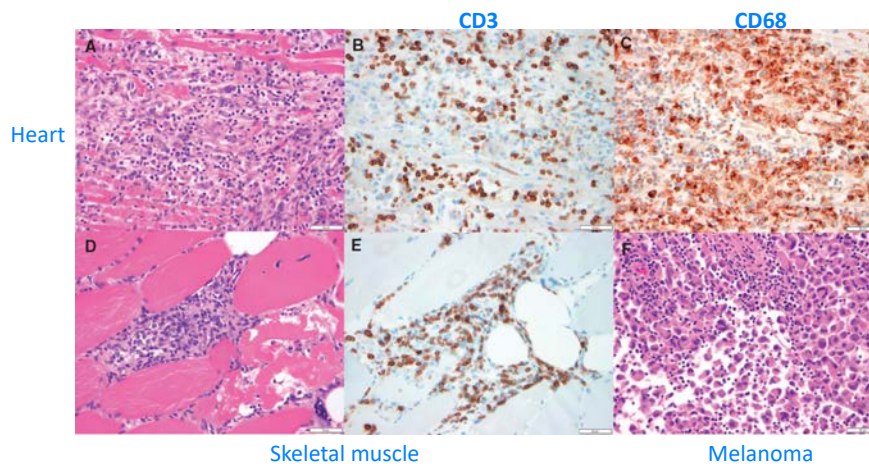
Ventricular arrhythmias

**Clinical course:** Despite treatment, her course was characterized by multisystem organ failure and refractory ventricular arrhythmias, leading to death.

N ENGL J MED 375:18 NEJM.ORG NOVEMBER 3, 2016

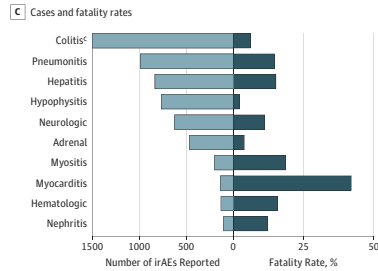
## CV toxicities of checkpoint inhibitors

Myocarditis: clonal expansion of lymphocytes



Cardiovascular Research, Volume 115, Issue 5, 15 April 2019, Pages 854–868

## ICI Myocarditis: Rare but potentially fatal Higher risk in (older) women?



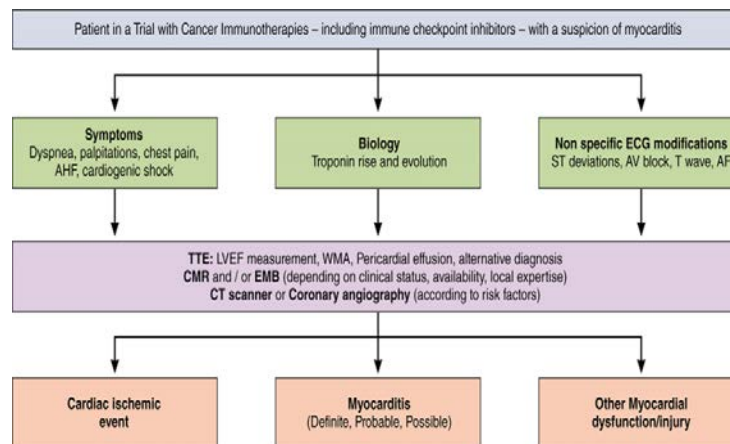
Incidence likely < 1%  
Case fatality approaches 40%

JAMA Oncol. 2018;4(12):1721-1728

Table 2. Multivariate Logistic Analysis of Patients With Myocarditis<sup>a</sup> JAMA Oncol. Published online August 22, 2019

Characteristic	Total Cases, No.	Cases of Myocarditis	Proportion of Myocarditis (95% CI)	Odds Ratio (95% CI) Crude	Adjusted	P Value <sup>b</sup>
<b>Sex</b>						
Male	748 314	533	0.071 (0.065-0.078)	1 [Reference]	1 [Reference]	
Female	1 199 488	370	0.031 (0.028-0.034)	0.43 (0.38-0.49)	0.44 (0.38-0.51)	<.001
Not reported	31 355	11	0.035 (0.018-0.063)	0.49 (0.27-0.89)	0.42 (0.21-0.84)	.01
<b>Age, y</b>						
<75	1 652 576	857	0.052 (0.048-0.055)	1 [Reference]	1 [Reference]	
≥75	326 581	57	0.017 (0.013-0.023)	0.34 (0.26-0.44)	0.19 (0.14-0.28)	<.001
<b>ICIs</b>						
Nonuser	1 966 061	809	0.041 (0.038-0.044)	1 [Reference]	1 [Reference]	
User	13 096	105	0.802 (0.656-0.970)	19.63 (16.01-24.08)	9.66 (7.16-13.05)	<.001
<b>ICIs<sup>c,d</sup></b>						
Female sex	4798	34	0.709 (0.491-0.989)	NA	1.92 (1.24-2.97)	.004
Age ≥75 years	2442	26	1.065 (0.697-1.556)	NA	7.61 (4.29-13.50)	<.001
Concomitant use of other ICIs	1557	21	1.349 (0.837-2.054)	NA	1.93 (1.19-3.12)	.008

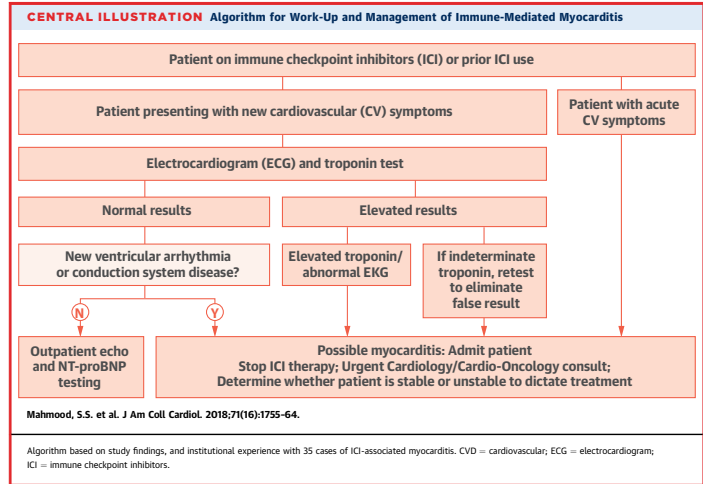
## ICI myocarditis: diagnosis Maintain a high index of suspicion despite low frequency



Circulation 2019, Volume: 140, Issue: 1, Pages: 80-91

# ICI myocarditis: treatment

Warning: evidence-free zone



- Treatment:**
1. High dose solumedrol
  2. Hemodynamic support as needed
  3. Stop the ICI

# Thank You

Questions?  
[bcjensen@med.unc.edu](mailto:bcjensen@med.unc.edu)  
 Epic InBasket  
 Pager: 919-216-1804