

Metastatic Breast Cancer

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Cancer Top Ten

Estimated New Cases		Male	Female
Prostate	182,000	21%	
Lung & bronchus	173,000	14%	
Colon & rectum	70,000	8%	
Urinary bladder	58,000	7%	
Melanoma of the skin	45,000	6%	
Non-Hodgkin lymphoma	43,170	5%	
Kidney & renal pelvis	38,000	5%	
Oral cavity & pharynx	34,700	4%	
Leukemia	34,000	4%	
Liver & intrapleural bile duct	28,410	3%	
All Sites	841,388	100%	

Estimated Deaths		Male	Female
Lung & bronchus	85,000	27%	
Prostate	28,100	8%	
Colon & rectum	26,000	8%	
Pancreas	21,600	7%	
Liver & intrapleural bile duct	18,300	6%	
Leukemia	14,130	4%	
Esophagus	12,700	4%	
Urinary bladder	11,000	4%	
Non-Hodgkin lymphoma	11,000	4%	
Brain & other nervous system	5,440	3%	
All Sites	314,388	100%	

CA: A Cancer Journal for Clinicians
Volume 40, Issue 1, pages 7-30, 7 JAN 2016 DOI: 10.3322/caac.21332
<http://onlinelibrary.wiley.com/doi/10.3322/caac.21332/abstract>

Breast Cancer: Metastatic Sites at Recurrence

- Bone 50-70%
- Soft Tissues 20-30%
- Lung or Pleura 20-30%
- Liver 5-10%
- Brain <5%

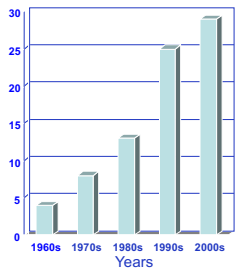
Breast cancer tropisms differ by subtype
Bone more dominant in hormone receptor positive
Visceral and CNS in hormone receptor negative

Goals of Therapy

- “to keep you feeling as well as possible for as long as possible”
- In 2017 there is not a cure for metastatic breast cancer,
- However, long term NED does happen (2-5%)
- Median life expectancy = 28-36 months?
 - Higher in some subsets
- 22% 5 yr survival, 10% 10 yr survival
- New drugs are needed





Timeline: Growing Number of Breast Cancer Therapies



Years	Number of Therapies (approx.)
1960s	4
1970s	8
1980s	14
1990s	25
2000s	29

- 1950s: Cyclophosphamide, methotrexate
- 1960s: 5-fluorouracil
- 1970s: Doxorubicin, tamoxifen
- 1980s: Mitoxantrone, megestrol acetate, goserelin, leuprolide
- 1990s: Paclitaxel, docetaxel, vinorelbine, trastuzumab, capecitabine, gemcitabine, epirubicin, toremifene, anastrozole, letrozole, exemestane
- 2000s: *nab*-paclitaxel, lapatinib, bevacizumab, ixabepilone

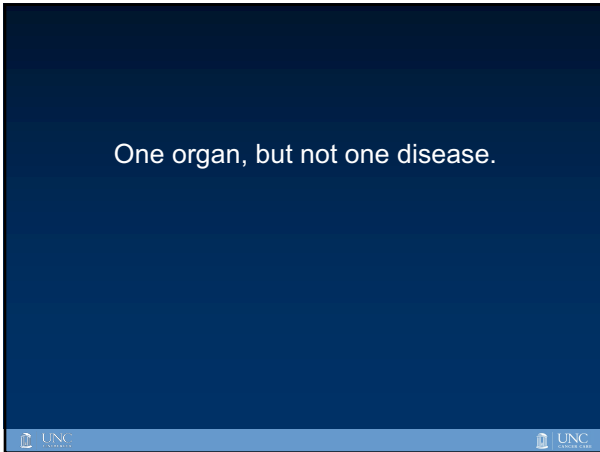


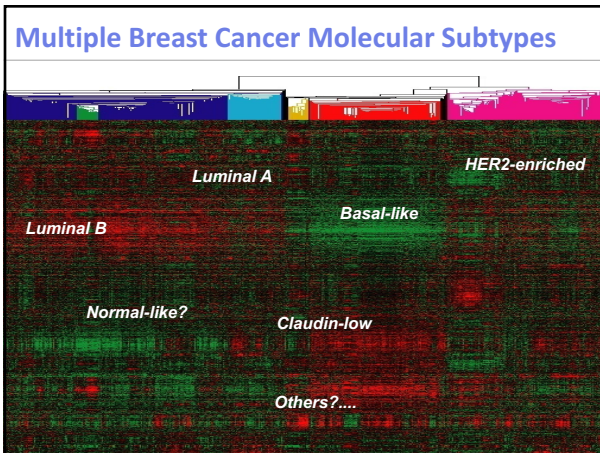
Choice of Therapy

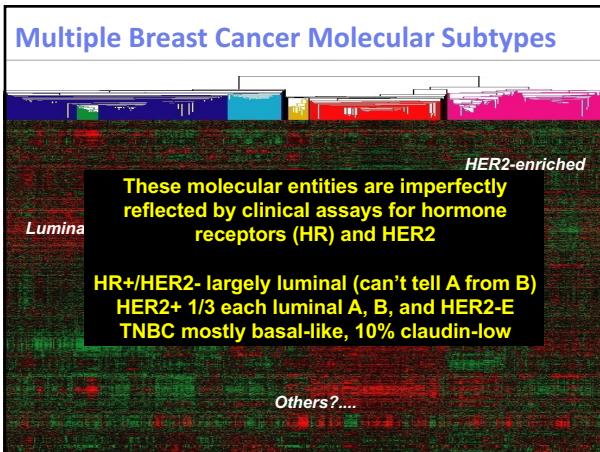
- Biology is Key
- Goal is control of disease and symptoms
- Maximize quality of life

- New Drug development is needed
- THINK – clinical trial











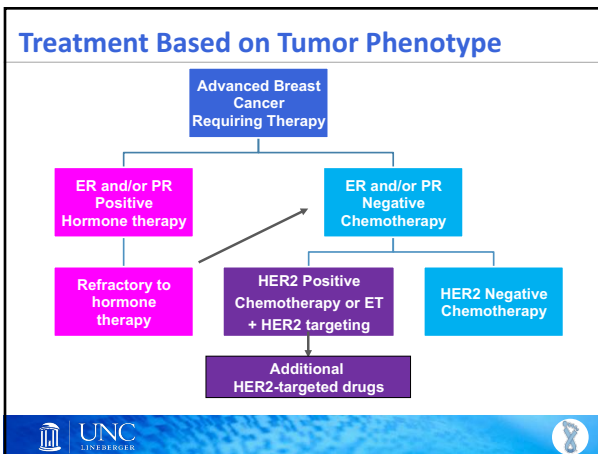
Clinical Subtypes

Hormone Receptor Positive HER-2 Negative Most (50-60%)	Hormone Receptor Negative HER-2 Positive (~10%)
Hormone Receptor Positive HER-2 Positive (~10%)	Hormone Receptor Negative HER-2 negative "Triple Negative" (~20%)

Systemic Therapy for Metastatic Breast Cancer



ASCO Guidelines: General Principles

HR+ HER2-

- Endocrine (usually) preferable to chemotherapy in 1st line
- Evolving use of targeted agents in addition to ET (CDK4/6 or mTOR inhibitors)

Any HER2- receiving chemotherapy

- Single agent chemotherapy preferable to combination
 - Exception: symptomatic, immediately life-threatening
- Longer duration ↑ outcome but must be balanced against ↑ toxicity.
- No single optimal 1st or later chemotherapy
 - Relevant factors: prior Rx, toxicity, performance status, comorbidity, patient preference.
- Additional therapies not yet proven in HER2- (bevacizumab controversial).

HER2+

- HER2-directed Rx is mainstay
- First-line taxane + trastuzumab + pertuzumab, 2nd line T-DM1
- HR+ HER2+ may consider ET + HER2-Rx or ET alone in selected cases

Partridge A et al, JCO 2014; Rugo H et al, JCO 2016

Endocrine Therapy Options

- Premenopausal
 - Tamoxifen
 - Oophorectomy (OA)/LHRH agonist (OS)
 - OA/OS + the postmenopausal options
- Postmenopausal
 - Nonsteroidal aromatase inhibitor (AI*)
 - AI plus palbo- or ribociclib
 - Steroidal AI
 - Steroidal AI + everolimus
 - Tamoxifen
 - Fulvestrant
 - Fulvestrant + palbociclib
 - Estradiol

*Nonsteroidal AI = letrozole, anastrozole; Steroidal AI = exemestane

Endocrine Therapy

Can see response in all sites
 ER+ and PR+ do best
 ↑ % of ER and PR+ cells do best
 All SERMs are probably the same
 All aromatase inhibitors are the same

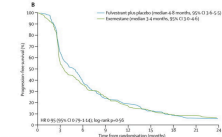
- (At least for metastases, I think so)

“You can’t improve on being asymptomatic”

2nd Line Endocrine Rx (after NSAI)

SoFEA: Phase III trial fulvestrant vs exemestane (no difference)

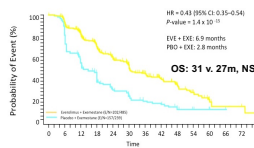
If NSAI used 1st, either fulvestrant or exemestane next is ok



However, if you're going to use exemestane...

BOLERO-2: Phase III trial exemestane + everolimus (mTOR inhibitor) in 2nd line

Everolimus added to exemestane improves PFS but not OS (AE- stomatitis, anemia, ↑ glc, pneumonitis)



Johnston S et al, Lancet Oncol 2013; Baselga J et al, NEJM 2011; Piceart M et al, Ann Oncol 2014

What about dual endocrine therapy?

For post menopausal women--Conflicting recent results. SWOG 0226.

- 707 ER+ patients FIRST LINE
- Fulvestrant 500/250/250 + Anastrozole vs Anastrozole alone
- Combination has better PFS by 2.5 months and better OS by 6 months
- Mehta et al. NEJM 2012

FACT .

- 514 ER+ patients also FIRST LINE
- Fulvestrant 500/250/250 + Anastrozole vs Anastrozole alone
- No difference in TTP or OS

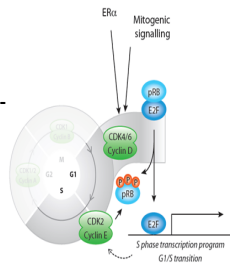
For premenopausal women – SOFT/ TEXT **adjuvant data.**

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Cyclin Dependent Kinase 4/6 Inhibitors

Role in HR+ breast cancer

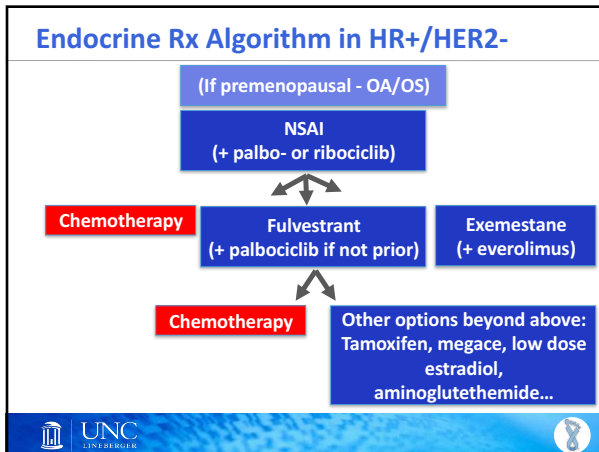
- Growth of HR+ BC depends on cyclin D1, a transcriptional target of ER
- Cyclin D1 activates CDK 4/6 causing G1-S phase transition and cell cycle entry

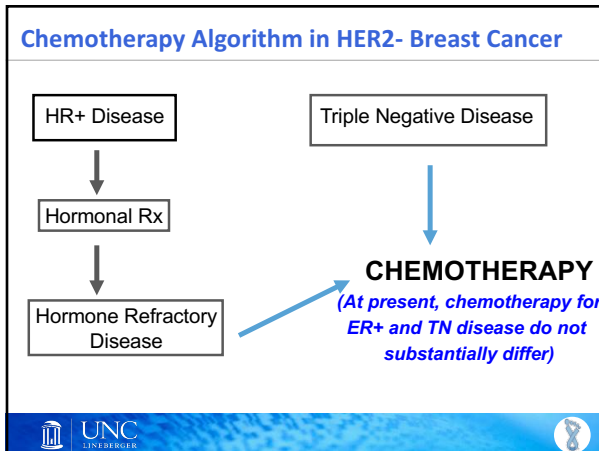


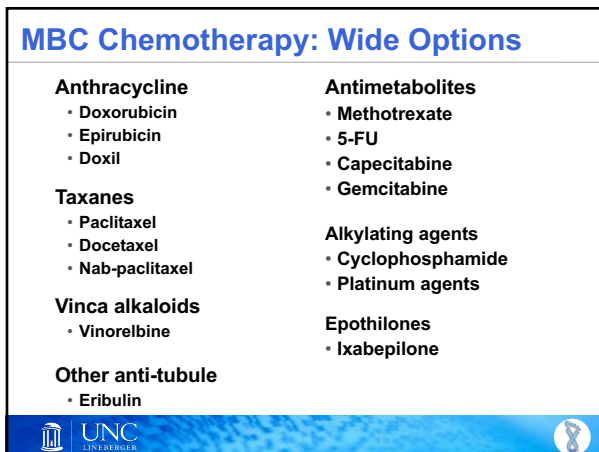
Major area drug development

- Palbociclib
- Abemaciclib
- Ribociclib

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Combination regimens with activity in metastatic breast cancer

cyclophosphamide and doxorubicin
 Docetaxel and doxorubicin
 cyclophosphamide, doxorubicin, 5-fluorouracil
 cyclophosphamide, methotrexate, 5-fluorouracil
 Doxorubicin and paclitaxel.
 Docetaxel and capecitabine.
 Weekly paclitaxel + capecitabine
 Gemcitabine + paclitaxel
 Vinorelbine and epirubicin.
 Capecitabine and ixabepilone



Cochrane 2006. OR=1.2 for RR but no impact on TTP or OS

Combination vs Single Agent Chemotherapy

	Combination	Single Agent
Higher RR	<input checked="" type="checkbox"/>	
Longer TTP (initial)	<input checked="" type="checkbox"/>	
Survival	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
QOL		<input checked="" type="checkbox"/>
Easier to customize		<input checked="" type="checkbox"/>
Less "wasted" toxicity		<input checked="" type="checkbox"/>

Single agent preferred unless response is important






ASCO Choosing Wisely:

#7. Don't use combination chemotherapy (multiple drugs) instead of chemotherapy with one drug when treating an individual for metastatic breast cancer unless the patient needs a rapid response to relieve tumor-related symptoms.

Although chemotherapy with multiple drugs, or combination chemotherapy, for metastatic breast cancer may slow tumor growth for a somewhat longer time than occurs when treating with a single agent, use of combination chemotherapy has not been shown to increase overall survival. In fact, the trade-offs of more frequent and severe side effects may have a net effect of worsening a patient's quality of life, necessitating a reduction in the dose of chemotherapy.

Combination chemotherapy may be useful and worth the risk of more side effects in situations in which the cancer burden must be reduced quickly because it is causing significant symptoms or is life threatening. As a general rule, however, giving effective drugs one at a time lowers the risk of side effects, may improve a patient's quality of life, and does not typically compromise overall survival.

So how do we pick?

- Most oncologists would agree that sequential single agents is the way to go (except in visceral crisis)
- Think about your goals of therapy – do no harm
- Mark Graham’s Fab 5: Doxil, Xeloda, Gem, Navelbine, CMF
- There is no ONE right order
- Think about co-morbidities and organ function



Is There a Standard 1st Line Agent?

Anthracyclines and taxanes 1st line agents; may be less appealing in relapse soon post adjuvant Rx

No evidence that sequence of therapies affects OS or QOL

Response more influenced by line of therapy than specific agent

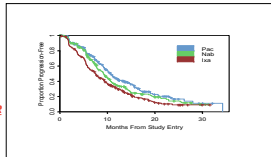
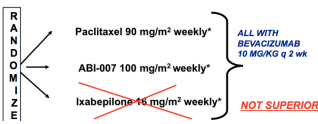
Treatment decisions often individualized to patient

NCCN/ASCO guidelines generally avoid specific recommendations first-line agents



1st Line Chemotherapy

CALGB 40502: Phase III trial of 3 antitubule drugs in 1st line



- Results of 40502:
- Paclitaxel > ixabepilone
 - Paclitaxel least toxic
- Meta-analysis first-line trials
- Taxane > anthracycline

Most start with single agent weekly taxane (paclitaxel, nab-paclitaxel, docetaxel) unless recently had taxane adjuvantly.

Platinums ok 1st line in triple negative.



Eribulin pivotal trial: EMBRACE Study

Eligibility (N = 762)

Locally recurrent or mBC

2-5 prior chemotherapies
– ≥2 for advanced disease

– Prior anthracyclines and taxanes

Progression ≤6 months of last chemotherapy

Neuropathy ≤ Grade 2

ECOG ≤ 2

R

2:1

Eribulin mesylate

1.4 mg/m², 2-5 min IV
D1, 8 q21 days

13 m OS

Treatment of Physician's Choice (TPC)

Any monotherapy (chemotherapy, hormonal, biological)* or supportive care only**

10 m OS

* Approved for cancer treatment
** Or palliative treatment or radiotherapy according to local practice
Twelves C et al. *Proc ASCO* 2010; Abstract CRA1004.

Grade 3 and 4 Adverse Events

	Grade 3		Grade 4	
	Eribulin (n = 503)	TPC (n = 247)	Eribulin (n = 503)	TPC (n = 247)
Hematologic events				
Neutropenia	21.1%	14.2%	24.1%	6.9%
Leukopenia	11.7%	4.9%	2.2%	0.8%
Anemia	1.8%	3.2%	0.2%	0.4%
Febrile neutropenia	3.0%	0.8%	1.2%	0.4%
Non-hematologic events				
Asthenia/fatigue	8.2%	10.1%	0.6%	0
Peripheral neuropathy	7.8%	2.0%	0.4%	0
Nausea	1.2%	2.4%	0	0
Dyspnea	3.6%	2.4%	0	0.4%
Mucosal inflammation	1.4%	2.0%	0	0
Hand-foot syndrome	0.4%	3.6%	0	0

Twelves C et al. *Proc ASCO* 2010; Abstract CRA1004.


Toxicity is a Key Feature to Consider

↓ alopecia

- Capecitabine
- Vinorelbine
- Carboplatin

↓ GI symptoms

- Taxanes
- Gemcitabine




↓ neuropathy

- Capecitabine
- Anthracyclines
- Gemcitabine

↓ myelosuppression

- Taxanes
- Capecitabine



↓ IVs



- Capecitabine

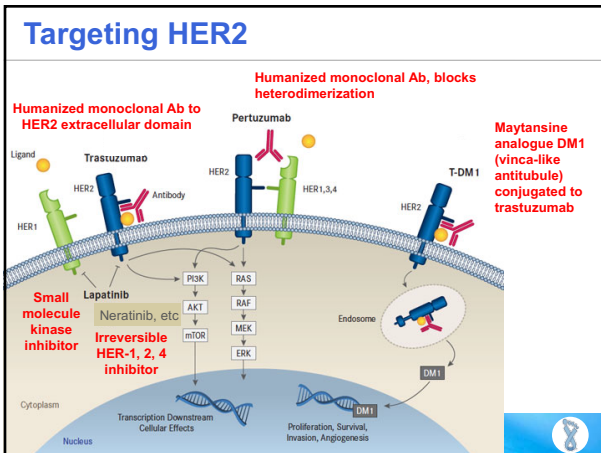
UNC LINCOLN BERKEE Credit: Lisa Carey, MD

Remember, biology is key...

HER 2 positive MBC

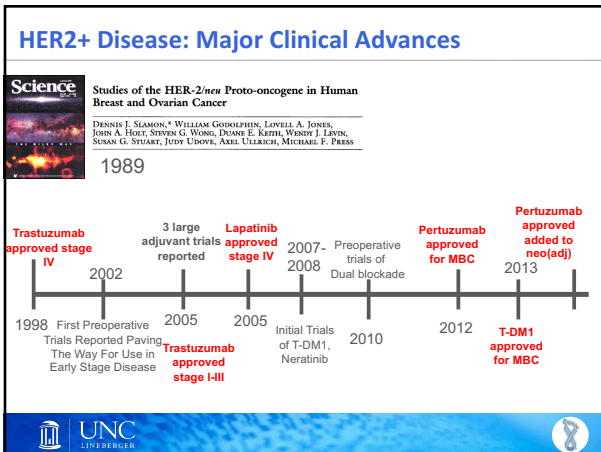
FOUR targeted therapies approved in past decade for treatment of met breast cancer



HER2+ Disease: Major Clinical Advances

Science Studies of the HER-2/*neu* Proto-oncogene in Human Breast and Ovarian Cancer
 DENISE J. SLAMON,* WILLIAM GODOLPHIN, LOWELL A. JONES, JOHN A. HOLT, STEVEN G. WONG, DONNE E. KEITH, WENDY J. LEFON, SUSAN G. STUART, JUDY UDOWE, AXEL ULLRICH, MICHAEL F. PRESS
 1989



1989: Studies of the HER-2/*neu* Proto-oncogene in Human Breast and Ovarian Cancer (Science)

1998: First Preoperative Trials Reported Paving The Way For Use in Early Stage Disease

2002: Trastuzumab approved stage IV

2005: 3 large adjuvant trials reported

2005: Trastuzumab approved stage I-III

2005: Lapatinib approved stage IV



2007-2008: Initial Trials of T-DM1, Neratinib

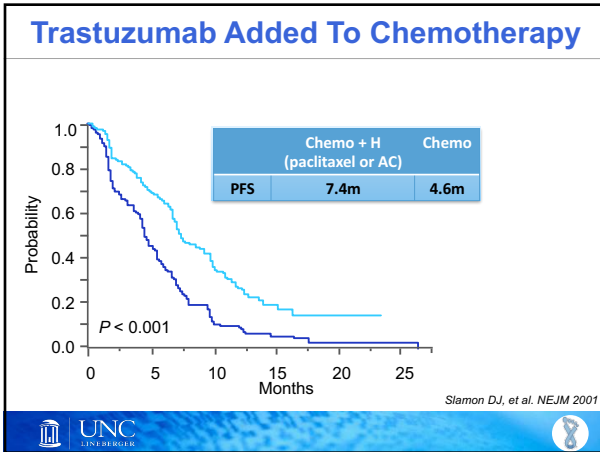
2008: Preoperative trials of Dual blockade

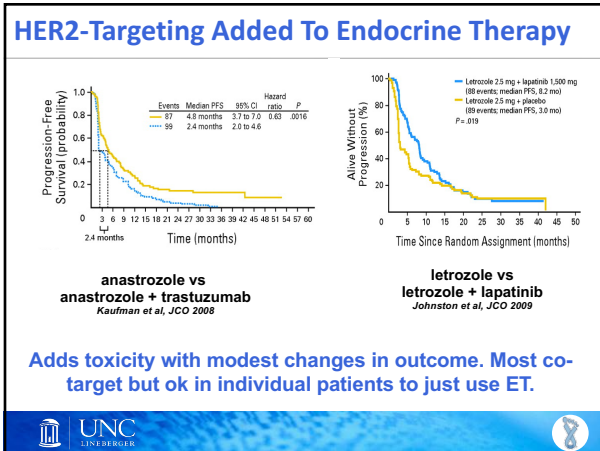
2012: T-DM1 approved for MBC

2012: Pertuzumab approved for MBC

2013: Pertuzumab approved added to neo(adj)





HER2-Targeting: The First Generation

Post-H progression ongoing HER2-targeting works

- Lapatinib
- TDM1
- Trastuzumab!

Multiple chemotherapy partners for HER2-targeting

- Platinums, vinorelbine, gemcitabine, capecitabine
- What is optimal?

ER+ HER2+ disease benefits from dual targeting

- AI + either trastuzumab or lapatinib
- Ok to omit HER2-targeting in strongly ER+, indolent, asymptomatic.

Newer Anti-HER2 Drugs

CLEOPATRA: Phase III trial testing addition of pertuzumab (1st line)

HER2-positive MBC
(53% no prior chemo
10% prior trastuzumab)

N=800

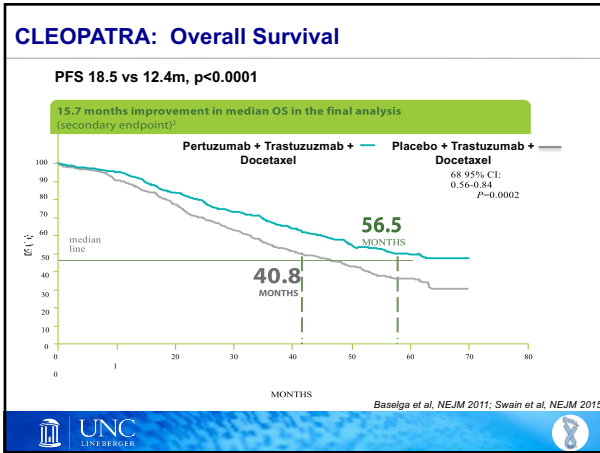
Docetaxel + trastuzumab + placebo

Docetaxel + trastuzumab + pertuzumab

End points

- PFS and OS
- quality of life
- biomarker analysis

Baselga J et al. NEJM 2012



Trastuzumab-emtansine (T-DM1), HER2 Antibody-Drug Conjugate

- Maytansine analogue DM1 (antitubule akin to vincas) conjugated to trastuzumab – similar to gemtuzumab (Myelotarg)
- Will it allow omission of separate cytotoxic?

Average number molecules/monoclonal antibody

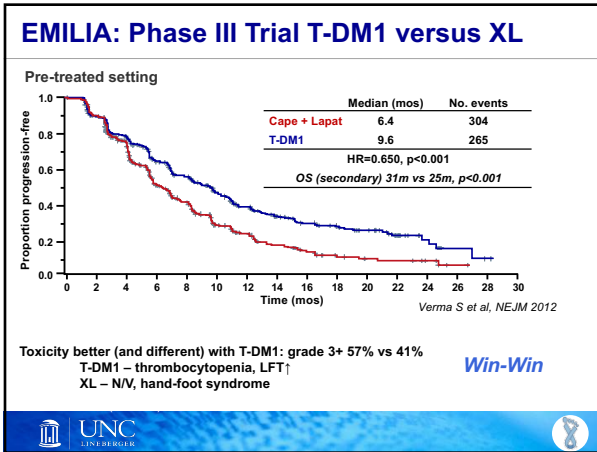
HER2-mediated internalization

Lysosomal degradation

Lysine-MCC-DM1

Active metabolite can't cross plasma membrane (no bystander effect)

Beeram et al. J Clin Oncol 2008.



Next Generation of HER2-Targeting

Trial	Line	Regimens	PFS	OS
CLEOPATRA	1	TH + Pert	19 v. 12m (HR 0.69*)	56 v. 41m (HR 0.68*)
MARIANNE ^{&}	1	TH v. TDM1 v. TDM1+P	ns	-
NEFERTT ^{&}	1	TH v. TN	17 v. 17m (ns)	?fewer CNS with TN?
BOLERO-1	1	TH ± Eve	15 v. 14m	-
EMILIA	2	TDM1 v. XL	10 v. 6m (HR 0.65*)	31 vs 29m (HR 0.68*)
BOLERO-3	2	VH ± Eve	7 v. 6m (HR 0.78*)	-
TH3RESA	3+	TDM1 v. MD choice	6 v. 3m (HR 0.53)	HR 0.55 (interim)

* significant T=taxane; N=neratinib; V=vinorelbine; E=everolimus

Baselga NEJM12; Swain ESMO14; Hurvitz SABCS14; Verma NEJM12; Andre Lancet Oncol14; Krop Lancet Oncol14

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1st line: T+H+P wins (~\$10,000/m)
2nd+ line: TDM1 wins (~\$10,000/m)

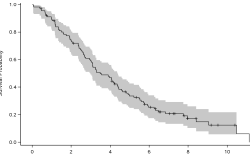
Oncogene Addiction:

HER2 is Still a Relevant Target After Progression on Trastuzumab



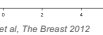


Summary: Metastatic Options for HER2+

Line of therapy	Regimen Options	
	<i>Chemotherapy-based</i>	<i>Endocrine therapy-based</i>
First	Taxane + trast + pert	AI + lapatinib or trastuzumab
Second	T-DM1	Fulvestrant + lapatinib or trastuzumab
Third	Capecitabine + lapatinib	
Later	Other drugs + trastuzumab	



Median survival > 4 years, likely to rise
Multiple drug choices

How do we treat most thoughtfully?

Treatment Approach HER2+ MBC in 2017



First Line: Taxane + Trastuzumab + Pertuzumab

Who Should Receive Endocrine Therapy Upfront?

Second Line: TDM-1

Third, Fourth, Fifth, Sixth Line:

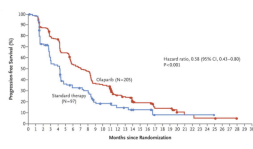
- Capecitabine + Lapatinib
- Capecitabine + Trastuzumab
- Vinorelbine + Trastuzumab
- Lapatinib + Trastuzumab
- Other chemotherapy + Trastuzumab
- Endocrine Therapy + Trastuzumab

Future Rx?

- Olaparib or other PARPi in germline BRCA carriers**
 - OlympiAD trial*
 - 1-3rd line, no prior progression on platinum
 - Olaparib vs (capecitabine or eribulin or vinorelbine)
 - Benefit particularly seen in triple negative
- Immune checkpoint inhibitors**
 - Pembrolizumab
 - Avelumab
 - Atezolizumab

RR ~15-20% TNBC
Immune-related AE
Late drug development




Robson M et al, NEJM 2017; Nanda R et al, JCO 2016; Dirix LY et al, AACR-SABCS 2016 (abs S1-07); Schmid P et al, AACR 2017 (abs 2986)

Myth

Because so many agents have modest activity in metastatic breast cancer, there is a common belief that much progress has been made.

Reality


The data suggest only modest progress
Clinical trials of more effective agents are still sorely needed.



New targets/ New compounds

Keep an eye out for...

Angiogenesis	VEGFR inhibitors
Cell cycle control	• Sorafenib, sunitinib, cediranib, motesanib, vandetanib, pazopanib
Apoptosis	CDK 4/6
Signal Transduction	PD1/ PDL1
	Dasatinib
Novel HER 2 inhibitors	PI3K inhib
- LJM716 – HER 3	AKT or mTOR inhib
• Neratinib	Aurora A kinase inhib
• ONT	IAP inhib
	BCL2 inhib
	IGF1R antag (25)
	PARP
	HSP90
	Hedgehog



So...

In HR+ endocrine Rx until refractory
In HER-2 +

- trastuzumab and lapatinib
- Pertuzamab
- TDM1



In endocrine refractory HER-2 negative, or triple negative

- Sequential single agents for most
- Consider everolimus or palbociclib


THINK about a clinical trial .

For almost QOL and symptoms key

- minimize tests
- Don't forget supportive and palliative care



Thank you



Standing on the shoulders of giants....
I am indebted to Hy Muss, Lisa Carey and others for loaning their slides.
And to Carey Anders Katie Reeder Hayes Rachel Phipps Katie Lansing Camilla Brewer Charlotte Dunn Nicole Whitman and the rest of the UNC breast cancer research team for working to move the bar forward.
And of course to all the patients who participated in trials and their families and support networks.

